

# Turmeric survey: final report

Area of research interest: [Chemical hazards in food and feed](#)  
Project status: Completed  
Project code: FS430403  
Conducted by: Fera Science and the Food Standards Agency  
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## Turmeric survey

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**Title:** Turmeric survey – final report  
**Customer:** Food Standards Agency  
**FSA Project Officers:** Chara Tsoulli, Michael Dickinson  
**FSA Project Number:** FS430403

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# Background to the study

The consumption of turmeric supplements is increasingly popular and is reported to provide numerous health benefits including antioxidant, analgesic, anti-inflammatory, antiseptic, anticarcinogenic, chemopreventive, chemotherapeutic, antiviral, antibacterial, antifungal and antiplatelet activities [1]. However, in recent months there has been a number of reports of hepatotoxicity linked to the consumption of these supplements. Such reports and scientific publications led to a review of the safety of turmeric and curcumin by the UK Committee on Toxicity of Chemicals in Food, Consumer Products and the Environment (COT). The statement issued by COT in November 2019 concluded “Given past reported contamination issues with turmeric supplements, the Committee concluded that there would be value in commissioning a chemical analysis of turmeric supplements and raw/powdered turmeric available on the UK market”. To address this conclusion the FSA requested Fera to:

- develop and validate in-house method(s) for measuring curcumin in turmeric containing supplements, ground/powdered turmeric and raw/fresh turmeric
- develop and validate in-house a method for measuring piperine in turmeric containing supplements
- purchase turmeric containing supplements (n=15), ground/powdered turmeric (n=10) and raw/fresh turmeric (n=5) from a mixture of local outlets and over the internet
- analyse all 30 samples for trace elements and curcumin
- analyse all supplement samples for piperine content.



## Methodology

### 2.1 Samples

Samples were collected from retail outlets in the north of England and via the internet in February 2021. In accordance with the FSA's request the turmeric containing supplements (n = 15), ground/powdered turmeric (n = 10) and raw/fresh turmeric (n = 5) were purchased from a mixture of providers, for example, retail outlets and the internet. Sample details were recorded and the associated packaging material was photographed.

### 2.2 Sample preparation for trace element analysis

#### 2.2.1 Fresh turmeric

The fresh turmeric samples were washed with Millipore water, chopped with ceramic knife on a plastic board, then blended using a Buchi B400 Blender fitted with ceramic blades. 20 g of each homogenised samples was transferred to an acid cleaned vessel prior to trace element extraction and analysis.

#### 2.2.2 Ground turmeric

The ground turmeric samples were mixed in the container in which they were received. Replicate aliquots were removed directly for trace element analysis.

### **2.2.3 Turmeric supplements**

Tablets – a portion of a tablet, an entire tablet or a number of intact tablets (depending on tablet mass) were removed directly for trace element analysis. Capsules - an entire capsule was removed directly for trace element analysis.

## **2.3 Trace element analysis**

### **2.3.1 Sample extraction**

Three sub-samples (3 x 0.5-1.0 g) of each turmeric survey sample were placed directly into TFM microwave digestion tubes and digested in a mixture of nitric acid and hydrochloric acid using a high-pressure microwave digestion system (Milestone UltraWave).

### **2.3.2 Inductively coupled plasma (ICP) – mass spectrometry (MS) analysis**

Samples were analysed on an Agilent 7700x ICP – mass spectrometer fitted with an ASX-500 auto-sampler and a standard front end, consisting of nickel cones, a glass double-pass spray chamber and a glass concentric nebuliser. The analysis was conducted with a collision cell operated in both “no gas” and helium mode, the latter to remove any interferences. The instrument was operated in general purpose mode with carrier gas flow 1.0 L/minute, RF power 1550 W, sampling depth 10 mm, peri-pump speed 0.1 rps. Concentrations of the following elements were determined: Ag - silver, Al - aluminium, As - arsenic, Ba - barium, Be - beryllium, Bi - bismuth, Ca - calcium, Cd - cadmium, Ce - cerium, Co - cobalt, Cr - chromium, Cs - caesium, Cu - copper, Dy - dysprosium, Er - erbium, Eu - europium, Fe - iron, Ga - gallium, Gd - gadolinium, Ge - germanium, Hg - mercury, Ho - holmium, K - potassium, La - lanthanum, Lu - lutetium, Mg - magnesium, Mn - manganese, Mo - molybdenum, Na - sodium, Nd - neodymium, Ni - nickel, P - phosphorus, Pb - lead, Pr - praseodymium, Rb - rubidium, S - sulphur, Sb - antimony, Se - selenium, Sm - samarium, Sn - tin, Sr - strontium, Tb - terbium, Tl - thallium, Tm - thulium, U - uranium, V - vanadium, Yb - ytterbium, Zn - zinc, Hf - Hafnium, Ir - Iridium, Nb - Niobium, Os - Osmium, Pd - Palladium, Pt - Platinum, Re - Rhenium, Ru - Ruthenium, Sc - Scandium, Ta - Tantalum, Te - Tellurium, Th - Thorium, Ti - Titanium, W - Tungsten, Y - Yttrium. Quality checks included blanks, spikes, and certified reference materials (CRMs). The methodology used is accredited to ISO17025.

## **2.4 Method development and validation – curcumin in turmeric containing supplements, ground/powdered turmeric and raw/fresh turmeric**

Methodology was identified which allowed for the determination of the curcuminoids: curcumin, bisdemethoxycurcumin (BDMC) and demethoxycurcumin (DMC) (Figure 1) [3]. This methodology was established in-house with additional confirmatory analytical capability using Time-of-Flight (TOF) mass spectrometry (MS). In short, the method involved: extraction of the dried sample 0.5 g with tetrahydrofuran (10 mL) by shaking overnight at ambient temperature. The samples were then diluted 1,000 fold with methanol before a portion (1 mL) was evaporated to dryness under nitrogen. The residue was over-spiked and reconstituted in methanol to a total volume of 1mL prior to analysis by reverse phase HPLC using an ACE3 C18-AR 2.1 mm id x 100 mm, LC column with diode array (DAD - the quantitation wavelength was 425 nm) and TOF-MS detection. The mobile phase was 1.275% formic acid and methanol. The limit of quantification (LOQ) was

determined using the measured concentration for the lowest calibration standard equivalent to the 1,000 fold diluted sample (0.00005 g/mL).

Replicate (n = 7 at each concentration) spiked samples following dilution (spiked to achieve concentrations of 0.45, 4.5 and 9 µg/mL in the solution equivalent to 9,000, 90,000 and 180,000 mg/kg in the samples) were prepared using lyophilised root ginger as a blank matrix. The method validation was performed in replicate (n=3) and the method performance characteristics determined.

## **2.5 Sample preparation for curcumin, bisdemethoxycurcumin and demethoxycurcumin analysis**

### **2.5.1 Fresh turmeric**

The fresh turmeric samples were washed with Millipore water, chopped with ceramic knife on a plastic board, then blended using a Buchi B400 blender fitted with ceramic blades. The blended sample was lyophilised using an Edwards pirani freeze dryer. The samples were mixed, and replicate aliquots were taken for analysis.

### **2.5.2 Ground turmeric**

The ground turmeric samples were mixed in the container in which they were received. Replicate aliquots were taken for analysis.

### **2.5.3 Turmeric supplements**

Tablets – Five tablets (of each type) were ground using a pestle and mortar. Replicate aliquots were taken for analysis. Capsules - Five capsule were emptied, then mixed. Replicate aliquots were taken for analysis.

## **2.6 Curcumin, bisdemethoxycurcumin and demethoxycurcumin analysis**

### **2.6.1 Sample extraction**

Duplicate aliquots (0.5 g) of each prepared sample were placed in amber vials (12 mL) and capped. Tetrahydrofuran (10 mL) was added, sonicated (10 mins) then shaken overnight at ambient temperature. The samples were allowed to settle (2 hrs, 4°C) then diluted 1,000 fold with methanol before a portion (1 mL) was aliquoted to a 2 mL vial and capped.

### **2.6.2 Standard preparation**

Standards were prepared using lyophilised ginger extracted using the above procedure. A portion of the extract (1 mL) was evaporated to dryness under nitrogen. The residue was over-spiked with curcumin, bisdemethoxycurcumin and demethoxycurcumin at levels equivalent to 0, 0.1, 0.25, 0.5, 1, 2.5, 5 and 10 µg/mL and reconstituted in methanol to a total volume of 1mL.

### **2.6.3 LC-TOF-MS analysis**

Portions of the solvent extracts of the samples and standards were analysed using an Agilent 1200 liquid chromatograph coupled with an Agilent 6230 TOF. Chromatographic separation was achieved on an ACE3 C18-AR 2.1 mm id x 100 mm held at 60°C. The mobile phases comprised

of water containing 1.275% formic acid (A) and methanol (B). The gradient started at 20% B and changed to 100% B at 15 minutes before returning to 20% B at 20 minutes. The flow rate was 0.4 mL/minute and the injection volume was 10  $\mu$ L. The MS was operated in positive ESI mode with monitoring from 50 – 1600 m/z. Spectral data were acquired by diode array and the quantitation wavelength was 425 nm.

## **2.7 Method development – piperine in turmeric containing supplements**

Methodology was identified in house which allowed for the determination of piperine. This methodology was established in-house using Time-of-Flight (TOF) mass spectrometry (MS). In short, the method involved: extraction of the dried sample 0.5 g with tetrahydrofuran (10 mL) by shaking overnight at ambient temperature. The samples were then diluted 1,000 fold with methanol before a portion (1 mL) was evaporated to dryness under nitrogen. The residue was over-spiked and reconstituted in methanol (1 ml) prior to analysis by reverse phase HPLC using an ACE3 C18-AR 2.1 mm id x 100 mm, LC column with TOF-MS detection. The mobile phase was 1.275% formic acid and methanol. The limit of quantification (LOQ) was determined using the measured concentration for the lowest calibration standard equivalent to the 1,000 fold diluted sample (0.00005 g/mL).

Replicate (n = 7 at each concentration) spiked samples following dilution (spiked to achieve concentrations of 0.045 and 0.9  $\mu$ g/mL in the solution equivalent to 900 and 18,000 mg/kg in the samples) were prepared using lyophilised root ginger as a blank matrix. The method validation was performed in replicate (n = 3) and the method performance characteristics determined.

## **2.8 Sample preparation for piperine analysis**

### **2.8.1 Fresh turmeric**

The fresh turmeric samples were washed with Millipore water, chopped with ceramic knife on a plastic board, then blended using a Buchi B400 blender fitted with ceramic blades. The blended sample was lyophilised using an Edwards pirani freeze dryer. The samples were mixed, and replicate aliquots were taken for analysis.

### **2.8.2 Ground turmeric**

The ground turmeric samples were mixed in the container in which they were received. Replicate aliquots were taken for analysis.

### **2.8.3 Turmeric supplements**

Tablets – Five tablets (of each type) were ground using a pestle and mortar. Replicate aliquots were taken for analysis. Capsules - Five capsule were emptied, then mixed. Replicate aliquots were taken for analysis.

## **2.9 Piperine analysis**

### **2.9.1 Sample extraction**

Duplicate aliquots (0.5 g) of each prepared sample were placed in amber vials (12 mL) and capped. Tetrahydrofuran (10 mL) was added, sonicated (10 minutes) then shaken overnight at ambient temperature. The samples were allowed to settle (2 hrs, 4°C) then diluted 1,000 fold with

methanol before a portion (1 mL) was aliquoted to a 2 mL vial and capped.

### **2.9.2 Standard preparation**

Standards were prepared using lyophilised ginger extracted using the above procedure. A portion of the extract (1 mL) was evaporated to dryness under nitrogen. The residue was over-spiked with piperine at levels equivalent to 0, 0.01, 0.025, 0.05, 0.1, 0.25, 0.5 and 1 µg/mL and reconstituted in methanol to a total volume of 1 mL.

### **2.9.3 LC-TOF-MS analysis**

Portions of the solvent extracts were analysed using an Agilent 1200 liquid chromatograph coupled with an Agilent 6230 TOF. Sample extracts were diluted as required. Chromatographic separation was achieved on an ACE3 C18-AR 2.1 mm id x 100 mm held at 60°C. The mobile phases comprised of water containing 1.275% formic acid (A) and methanol (B). The gradient started at 20% B and changed to 100% B at 15 minutes before returning to 20% B at 20 minutes. The flow rate was 0.4 mL/minute and the injection volume was 10 µL. The MS was operated in positive ESI mode with monitoring from 50 – 1600 m/z. Quantitation was carried out using m/z 286.1438 ± 100 ppm.



## **Results**

### **3.1 Sampling**

Samples were receipted into the laboratory by logging into the Fera Laboratory Information Management System (LIMS). Each sample was assigned a unique number. Sample details are given in Table 1.

### **3.2 Trace element analysis**

The concentrations of the elements determined in the samples are provided in Table 2. Quality assurance data is provided in Annex 1.

### **3.3 Curcumin, bisdemethoxycurcumin and demethoxycurcumin method development and validation**

Method performance data is provided in Annex 2.

### **3.4 Curcumin, bisdemethoxycurcumin and demethoxycurcumin analysis**

The concentrations of curcumin, bisdemethoxycurcumin and demethoxycurcumin determined in the samples are provided in Table 3. Concentrations are reported in units of mg/kg as received

for the fresh, ground and supplements in tablet form. For the supplement capsules the powder was removed from the capsule and tested and so the concentrations are reported in units of mg/kg of the powder content. The mass of the powder in the capsule is also provided, as well as the mass of the tablet for those in tablet form. For the lyophilised fresh samples both the dry weight concentration and the equivalent wet weight concentrations have been reported.

### 3.5 Piperine method development and validation

Method performance data is provided in Annex 3.

### 3.6 Piperine analysis

The concentrations of piperine determined in the samples are provided in Table 4.

Concentrations are reported in units of mg/kg as received for the fresh, ground and supplements in tablet form. For the supplement capsules the powder was removed from the capsule and tested and so the concentrations are reported in units of mg/kg of the powder content. The mass of the powder in the capsule is also provided, as well as the mass of the tablet for those in tablet form. Samples TU06, TU07 TU12, TU17, TU21 and TU30 contained levels above the calibration range and were diluted 10 fold to obtain quantitative data.



## References and tables

[1] Alok A., Singh I.D., Singh S., et al. (2015) Curcumin – Pharmacological Actions And its Role in Oral Submucous Fibrosis: A Review. Journal of Clinical and Diagnostic Research, 9: 1-3.

[2] [Turmeric report \(PDF\)](#) on the Committee for Toxicity website.

[3] Monton, C., Charoenchai, L., Suksaeree, J. and Sueree, L. (2016) Quantitation of curcuminoid contents, dissolution profile, and volatile oil content of turmeric capsules produced at some secondary government hospitals Journal of Food and Drug Analysis, 24: 493-499.

Download the full data tables:

ODT

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### Figure 1: Curcuminoid structures

## Table 1: Sample details

| Sample code | LIMS number | Product                                   | Type of product                     |
|-------------|-------------|-------------------------------------------|-------------------------------------|
| TU01        | S21-002317  | Turmeric powder                           | Powder                              |
| TU02        | S21-002318  | Turmeric with black pepper                | Supplement                          |
| TU03        | S21-002319  | Turmeric tablets                          | Supplement                          |
| TU04        | S21-002320  | Ground Turmeric                           | Powder                              |
| TU05        | S21-002321  | Turmeric                                  | Supplement                          |
| TU06        | S21-002322  | Turmeric and black pepper                 | Supplement                          |
| TU07        | S21-002323  | Organic turmeric                          | Supplement                          |
| TU08        | S21-002324  | Turmeric                                  | Supplement                          |
| TU09        | S21-002325  | Organic ground Turmeric                   | Powder                              |
| TU010       | S21-002326  | Turmeric                                  | Powder                              |
| TU011       | S21-002327  | Turmeric powder                           | Powder                              |
| TU012       | S21-002328  | Curcumin                                  | Supplement                          |
| TU013       | S21-002329  | Turmeric                                  | Supplement                          |
| TU014       | S21-002330  | Turmeric                                  | Powder                              |
| TU015       | S21-002331  | Turmeric                                  | Supplement                          |
| TU016       | S21-002332  | Organic Turmeric powder                   | Powder                              |
| TU017       | S21-002333  | Turmeric and black pepper                 | Supplement                          |
| TU018       | S21-002334  | Turmeric and piperine                     | Supplement                          |
| TU019       | S21-002335  | Turmeric whole                            | Ordered as fresh but actually whole |
| TU020       | S21-002336  | Turmeric and black pepper tablets         | Supplement                          |
| TU021       | S21-002337  | Turmeric, ginger and black pepper tablets | Supplement                          |
| TU022       | S21-002338  | Turmeric                                  | Powder                              |
| TU023       | S21-002339  | Ground Turmeric                           | Powder                              |



| Sample code | LIMS number | Product                    | Type of product |
|-------------|-------------|----------------------------|-----------------|
| TU024       | S21-002340  | Turmeric powder            | Powder          |
| TU025       | S21-002341  | Cod liver oil and Turmeric | Supplement      |
| TU026       | S21-002342  | Turmeric                   | Fresh           |
| TU027       | S21-002343  | Turmeric                   | Fresh           |
| TU028       | S21-002344  | Turmeric                   | Fresh           |
| TU029       | S21-002345  | Turmeric                   | Fresh           |
| TU030       | S21-002346  | Turmeric with black pepper | Supplement      |

Table 2: Trace element concentrations

| Sample code | TU01            | TU02                       | TU03             | TU04            | TU05     |
|-------------|-----------------|----------------------------|------------------|-----------------|----------|
| Sample name | Turmeric powder | Turmeric with black pepper | Turmeric tablets | Ground turmeric | Turmeric |
| Units       | mg/kg           | mg/kg                      | mg/kg            | mg/kg           | mg/kg    |
| Lithium     | 0.116           | 0.052                      | 0.125            | 0.12            | 0.187    |
| Beryllium   | 0.007           | 0.005                      | 0.013            | 0.009           | 0.014    |
| Boron       | 4               | 5                          | 3                | 5               | 5        |
| Sodium      | 271             | 784                        | 1610             | 341             | 977      |
| Magnesium   | 1960            | 1770                       | 1130             | 1990            | 785      |
| Aluminium   | 468             | 384                        | 153              | 429             | 541      |
| Silicon     | 800             | 800                        | 500              | 900             | 1900     |
| Phosphorus  | 2990            | 2210                       | 1620             | 2580            | 1290     |
| Sulfur      | 1300            | 1000                       | 900              | 1200            | 900      |
| Potassium   | 40700           | 34600                      | 24300            | 40100           | 17300    |
| Calcium     | 1900            | 1870                       | 311000           | 1940            | 2500     |
| Scandium    | 0.137           | 0.139                      | 0.354            | 0.124           | 0.153    |
| Titanium    | 39.9            | 25.5                       | 281              | 31.6            | 9.5      |
| Vanadium    | 1.79            | 1.55                       | 0.88             | 1.44            | 0.77     |
| Chromium    | 0.51            | 0.54                       | 2.39             | 0.48            | 1.93     |
| Manganese   | 42.9            | 31.4                       | 62.8             | 62.2            | 89.9     |
| Iron        | 317             | 261                        | 283              | 259             | 228      |
| Cobalt      | 0.294           | 0.212                      | 0.109            | 0.21            | 0.163    |
| Nickel      | 0.45            | 0.47                       | 0.33             | 0.5             | 1.01     |
| Copper      | 3.06            | 2.88                       | 0.4              | 2.81            | 1.9      |
| Zinc        | 9.1             | 7.1                        | 5.2              | 9.4             | 7.4      |
| Gallium     | 0.12            | 0.1                        | 0.07             | 0.11            | 0.16     |
| Germanium   | 0.02            | 0.02                       | 0.04             | 0.02            | 0.03     |
| Arsenic     | 0.035           | 0.017                      | 0.102            | 0.036           | 0.448    |
| Selenium    | 0.05            | 0.02                       | 0.04             | 0.04            | 0.05     |
| Rubidium    | 5.92            | 5.26                       | 21.2             | 7.81            | 17.1     |
| Strontium   | 9.3             | 11.8                       | 85.8             | 11.9            | 17.2     |
| Yttrium     | 0.174           | 0.128                      | 0.699            | 0.139           | 0.313    |
| Zirconium   | 0.26            | 0.2                        | 0.75             | 0.24            | 0.23     |
| Niobium     | 0.026           | 0.014                      | 0.157            | 0.022           | 0.007    |
| Molybdenum  | 0.11            | 0.08                       | 0.1              | 0.15            | 0.13     |
| Ruthenium   | <0.001          | <0.001                     | <0.001           | <0.001          | <0.001   |
| Rhodium     | <0.005          | <0.005                     | <0.005           | <0.005          | <0.005   |
| Palladium   | 0.007           | 0.006                      | 0.047            | 0.007           | 0.012    |

| Sample code  | TU01   | TU02   | TU03   | TU04   | TU05   |
|--------------|--------|--------|--------|--------|--------|
| Silver       | <0.01  | <0.01  | <0.01  | <0.01  | <0.01  |
| Cadmium      | 0.013  | 0.009  | 0.219  | 0.037  | 0.055  |
| Tin          | 0.01   | 0.024  | 0.024  | 0.011  | 0.036  |
| Antimony     | <0.002 | 0.003  | 0.003  | 0.002  | <0.002 |
| Tellurium    | <0.01  | <0.01  | <0.01  | <0.01  | <0.01  |
| Caesium      | 0.015  | 0.011  | 0.011  | 0.018  | 0.031  |
| Barium       | 5.91   | 3.92   | 9.37   | 8.86   | 29     |
| Lanthanum    | 0.123  | 0.057  | 0.364  | 0.177  | 0.366  |
| Cerium       | 0.294  | 0.147  | 0.299  | 0.366  | 0.709  |
| Praseodymium | 0.035  | 0.019  | 0.057  | 0.043  | 0.085  |
| Neodymium    | 0.156  | 0.09   | 0.238  | 0.177  | 0.328  |
| Samarium     | 0.036  | 0.023  | 0.047  | 0.036  | 0.064  |
| Europium     | 0.01   | 0.008  | 0.012  | 0.009  | 0.014  |
| Gadolinium   | 0.036  | 0.025  | 0.057  | 0.043  | 0.085  |
| Terbium      | 0.006  | 0.004  | 0.009  | 0.005  | 0.01   |
| Dysprosium   | 0.034  | 0.026  | 0.057  | 0.029  | 0.057  |
| Holmium      | 0.007  | 0.005  | 0.013  | 0.005  | 0.011  |
| Erbium       | 0.018  | 0.014  | 0.04   | 0.015  | 0.031  |
| Thulium      | 0.002  | 0.002  | 0.005  | 0.002  | 0.004  |
| Ytterbium    | 0.014  | 0.011  | 0.031  | 0.011  | 0.025  |
| Lutetium     | 0.002  | 0.002  | 0.005  | 0.002  | 0.004  |
| Hafnium      | 0.009  | 0.006  | 0.015  | 0.007  | 0.007  |
| Tantalum     | 0.001  | 0.001  | 0.009  | 0.001  | <0.001 |
| Tungsten     | 0.003  | 0.008  | <0.002 | 0.004  | 0.069  |
| Rhenium      | <0.001 | <0.001 | <0.001 | <0.001 | 0.001  |
| Osmium       | <0.005 | <0.005 | <0.005 | <0.005 | <0.005 |
| Iridium      | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| Platinum     | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| Gold         | <0.002 | <0.002 | <0.002 | <0.002 | <0.002 |
| Mercury      | <0.005 | <0.005 | <0.005 | <0.005 | <0.005 |
| Thallium     | 0.009  | 0.005  | 0.009  | 0.009  | 0.014  |
| Lead         | 0.071  | 0.033  | 0.094  | 0.116  | 0.26   |
| Bismuth      | <0.001 | <0.001 | 0.004  | <0.001 | 0.003  |
| Thorium      | 0.036  | 0.013  | 0.03   | 0.058  | 0.137  |
| Uranium      | 0.01   | 0.008  | 0.166  | 0.012  | 0.024  |

**Table 2: Trace element concentrations (continued)**

| Sample code | TU06                      | TU07             | TU08     | TU09                    | TU10     |
|-------------|---------------------------|------------------|----------|-------------------------|----------|
| Sample name | Turmeric and black pepper | Organic turmeric | Turmeric | Organic ground turmeric | Turmeric |
| Units       | mg/kg                     | mg/kg            | mg/kg    | mg/kg                   | mg/kg    |
| Lithium     | 0.211                     | 0.203            | 0.135    | 0.185                   | 0.247    |
| Beryllium   | 0.015                     | 0.012            | 0.007    | 0.014                   | 0.03     |
| Boron       | 6                         | 5                | 4        | 4                       | 5        |
| Sodium      | 3010                      | 479              | 794      | 398                     | 49       |
| Magnesium   | 1960                      | 1600             | 1870     | 2300                    | 1830     |
| Aluminium   | 403                       | 1210             | 514      | 655                     | 1420     |

| Sample code  | TU06   | TU07   | TU08   | TU09   | TU10   |
|--------------|--------|--------|--------|--------|--------|
| Silicon      | 700    | 2000   | 1700   | 1000   | 1600   |
| Phosphorus   | 134000 | 3270   | 2380   | 2890   | 2890   |
| Sulfur       | 1300   | 1200   | 1200   | 1400   | 1200   |
| Potassium    | 45200  | 31900  | 26300  | 41300  | 48000  |
| Calcium      | 203000 | 2030   | 1550   | 1870   | 1860   |
| Scandium     | 0.29   | 0.25   | 0.148  | 0.134  | 0.198  |
| Titanium     | 37     | 24.6   | 24.3   | 36.4   | 30     |
| Vanadium     | 1.55   | 1.69   | 1.32   | 1.37   | 1.23   |
| Chromium     | 0.86   | 0.36   | 1.94   | 1.3    | 2.11   |
| Manganese    | 131    | 333    | 49.5   | 28.4   | 200    |
| Iron         | 233    | 408    | 288    | 290    | 357    |
| Cobalt       | 0.185  | 0.179  | 0.235  | 0.208  | 0.205  |
| Nickel       | 0.59   | 0.32   | 1.01   | 0.64   | 1.34   |
| Copper       | 0.83   | 3.12   | 2.36   | 2.98   | 3.15   |
| Zinc         | 9.4    | 37.8   | 9.2    | 9.4    | 22     |
| Gallium      | 0.13   | 0.22   | 0.13   | 0.17   | 0.32   |
| Germanium    | 0.03   | 0.05   | 0.03   | 0.04   | 0.05   |
| Arsenic      | 0.084  | 0.095  | 0.031  | 0.053  | 0.133  |
| Selenium     | 0.06   | 0.05   | 0.06   | 0.06   | 0.09   |
| Rubidium     | 32.1   | 27.7   | 4.46   | 9.36   | 32.8   |
| Strontium    | 50.7   | 16.7   | 13.5   | 16     | 18.1   |
| Yttrium      | 0.758  | 0.404  | 0.143  | 0.193  | 0.343  |
| Zirconium    | 1.33   | 0.32   | 0.31   | 0.31   | 0.18   |
| Niobium      | 0.06   | 0.014  | 0.021  | 0.046  | 0.08   |
| Molybdenum   | 1.87   | 0.43   | 0.19   | 0.16   | 0.86   |
| Ruthenium    | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| Rhodium      | <0.005 | <0.005 | <0.005 | <0.005 | <0.005 |
| Palladium    | 0.03   | 0.012  | 0.007  | 0.01   | 0.012  |
| Silver       | <0.01  | <0.01  | <0.01  | <0.01  | <0.01  |
| Cadmium      | 0.037  | 0.221  | 0.017  | 0.015  | 0.086  |
| Tin          | 0.155  | 0.032  | 0.012  | 0.022  | 0.042  |
| Antimony     | 0.017  | 0.005  | 0.002  | 0.003  | 0.01   |
| Tellurium    | <0.01  | <0.01  | <0.01  | <0.01  | <0.01  |
| Caesium      | 0.015  | 0.09   | 0.011  | 0.024  | 0.086  |
| Barium       | 14.7   | 49.8   | 8.37   | 9.09   | 33.2   |
| Lanthanum    | 0.329  | 0.246  | 0.196  | 0.372  | 0.618  |
| Cerium       | 0.56   | 0.455  | 0.44   | 0.769  | 1.19   |
| Praseodymium | 0.084  | 0.062  | 0.048  | 0.084  | 0.134  |
| Neodymium    | 0.358  | 0.269  | 0.189  | 0.316  | 0.513  |
| Samarium     | 0.081  | 0.061  | 0.036  | 0.059  | 0.095  |
| Europium     | 0.019  | 0.022  | 0.009  | 0.013  | 0.022  |
| Gadolinium   | 0.088  | 0.067  | 0.034  | 0.054  | 0.086  |
| Terbium      | 0.015  | 0.011  | 0.005  | 0.008  | 0.012  |
| Dysprosium   | 0.093  | 0.067  | 0.029  | 0.04   | 0.064  |
| Holmium      | 0.019  | 0.013  | 0.006  | 0.007  | 0.012  |
| Erbium       | 0.058  | 0.04   | 0.016  | 0.021  | 0.033  |
| Thulium      | 0.008  | 0.005  | 0.002  | 0.003  | 0.004  |
| Ytterbium    | 0.049  | 0.034  | 0.013  | 0.016  | 0.026  |
| Lutetium     | 0.008  | 0.005  | 0.002  | 0.002  | 0.004  |

| Sample code | TU06   | TU07   | TU08   | TU09   | TU10   |
|-------------|--------|--------|--------|--------|--------|
| Hafnium     | 0.04   | 0.011  | 0.01   | 0.009  | 0.01   |
| Tantalum    | <0.001 | <0.001 | <0.001 | 0.003  | 0.005  |
| Tungsten    | 0.027  | 0.018  | 0.016  | 0.009  | 0.039  |
| Rhenium     | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| Osmium      | <0.005 | <0.005 | <0.005 | <0.005 | <0.005 |
| Iridium     | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| Platinum    | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| Gold        | <0.002 | <0.002 | <0.002 | <0.002 | <0.002 |
| Mercury     | <0.005 | <0.005 | <0.005 | <0.005 | <0.005 |
| Thallium    | 0.017  | 0.104  | 0.014  | 0.013  | 0.041  |
| Lead        | 0.097  | 0.288  | 0.092  | 0.203  | 2.25   |
| Bismuth     | <0.001 | 0.002  | <0.001 | 0.001  | 0.008  |
| Thorium     | 0.097  | 0.043  | 0.061  | 0.17   | 0.237  |
| Uranium     | 0.57   | 0.012  | 0.014  | 0.032  | 0.037  |

Table 2: Trace element concentrations (continued)

| Sample code | TU11            | TU12     | TU13     | TU14     | TU15     |
|-------------|-----------------|----------|----------|----------|----------|
| Sample name | Turmeric powder | Curcumin | Turmeric | Turmeric | Turmeric |
| Units       | mg/kg           | mg/kg    | mg/kg    | mg/kg    | mg/kg    |
| Lithium     | 0.132           | <0.005   | <0.005   | 0.09     | 0.32     |
| Beryllium   | 0.007           | 0.02     | <0.001   | 0.006    | 0.016    |
| Boron       | 5               | 42       | <1       | 4        | 5        |
| Sodium      | 421             | 447      | 78500    | 285      | 536      |
| Magnesium   | 2550            | 1450     | 10       | 1770     | 1080     |
| Aluminium   | 587             | 10.2     | <0.5     | 306      | 98.1     |
| Silicon     | 1700            | 1200     | <100     | 700      | 400      |
| Phosphorus  | 3510            | 20200    | <10      | 2840     | 82300    |
| Sulfur      | 1600            | <500     | <500     | 1300     | <500     |
| Potassium   | 42200           | <20      | 50       | 38100    | 1140     |
| Calcium     | 2310            | 28500    | 46       | 1570     | 323000   |
| Scandium    | 0.202           | 0.074    | <0.005   | 0.092    | 0.387    |
| Titanium    | 58.8            | 4        | <0.1     | 27.6     | 12.3     |
| Vanadium    | 2.61            | 0.11     | 0.04     | 1.19     | 0.81     |
| Chromium    | 0.74            | 0.12     | <0.05    | 0.33     | 1.17     |
| Manganese   | 105             | 1.7      | 0.2      | 39.3     | 31.7     |
| Iron        | 456             | 251      | <1       | 193      | 65       |
| Cobalt      | 0.439           | 0.03     | <0.005   | 0.22     | 0.042    |
| Nickel      | 0.62            | 0.08     | <0.05    | 0.41     | 0.17     |
| Copper      | 4.46            | 114      | 0.05     | 2.62     | 0.18     |
| Zinc        | 21.6            | 0.4      | 15.8     | 8.6      | 1.7      |
| Gallium     | 0.16            | 0.01     | <0.01    | 0.08     | 0.07     |
| Germanium   | 0.03            | 0.02     | <0.01    | 0.02     | 0.04     |
| Arsenic     | 0.039           | 0.01     | <0.005   | 0.034    | 0.286    |
| Selenium    | 0.06            | <0.01    | <0.01    | 0.05     | 0.06     |
| Rubidium    | 5.44            | <0.02    | 0.06     | 6.78     | 0.57     |
| Strontium   | 10.5            | 13.8     | 0.37     | 8.4      | 76.6     |

| Sample code  | TU11   | TU12   | TU13   | TU14   | TU15   |
|--------------|--------|--------|--------|--------|--------|
| Yttrium      | 0.213  | 0.172  | <0.001 | 0.112  | 4.12   |
| Zirconium    | 0.32   | 0.25   | <0.01  | 0.22   | 0.43   |
| Niobium      | 0.034  | 0.01   | <0.002 | 0.02   | 0.025  |
| Molybdenum   | 0.11   | 0.03   | <0.02  | 0.11   | 0.03   |
| Ruthenium    | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| Rhodium      | <0.005 | <0.005 | <0.005 | <0.005 | <0.005 |
| Palladium    | 0.007  | 0.009  | <0.005 | 0.015  | 0.107  |
| Silver       | <0.01  | <0.01  | <0.01  | <0.01  | <0.01  |
| Cadmium      | 0.032  | <0.005 | <0.005 | 0.015  | 0.107  |
| Tin          | 0.014  | 0.022  | <0.005 | 0.015  | 0.107  |
| Antimony     | 0.004  | 0.017  | <0.002 | <0.002 | 0.24   |
| Tellurium    | <0.01  | <0.01  | <0.01  | <0.01  | <0.01  |
| Caesium      | 0.016  | <0.001 | <0.001 | 0.015  | 0.008  |
| Barium       | 7.05   | 0.69   | 0.09   | 6.13   | 1.94   |
| Lanthanum    | 0.144  | 0.112  | <0.001 | 0.098  | 1.28   |
| Cerium       | 0.334  | 0.149  | <0.001 | 0.216  | 0.471  |
| Praseodymium | 0.043  | 0.022  | <0.001 | 0.027  | 0.153  |
| Neodymium    | 0.188  | 0.089  | <0.001 | 0.109  | 0.653  |
| Samarium     | 0.042  | 0.017  | <0.001 | 0.024  | 0.116  |
| Europium     | 0.012  | 0.005  | <0.001 | 0.007  | 0.029  |
| Gadolinium   | 0.044  | 0.02   | <0.001 | 0.025  | 0.177  |
| Terbium      | 0.007  | 0.003  | <0.001 | 0.004  | 0.027  |
| Dysprosium   | 0.042  | 0.018  | <0.001 | 0.004  | 0.027  |
| Holmium      | 0.008  | 0.004  | <0.001 | 0.004  | 0.047  |
| Erbium       | 0.022  | 0.012  | <0.001 | 0.002  | 0.019  |
| Thulium      | 0.003  | 0.002  | <0.001 | 0.002  | 0.019  |
| Ytterbium    | 0.019  | 0.014  | <0.001 | 0.009  | 0.107  |
| Lutetium     | 0.003  | 0.003  | <0.001 | 0.001  | 0.016  |
| Hafnium      | 0.011  | 0.008  | <0.001 | 0.007  | 0.01   |
| Tantalum     | 0.002  | <0.001 | <0.001 | 0.001  | <0.001 |
| Tungsten     | 0.003  | 0.031  | <0.002 | 0.003  | 0.012  |
| Rhenium      | <0.001 | <0.001 | <0.001 | <0.001 | 0.007  |
| Osmium       | <0.005 | <0.005 | <0.005 | <0.005 | <0.005 |
| Iridium      | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| Platinum     | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| Gold         | <0.002 | <0.002 | <0.002 | <0.002 | <0.002 |
| Mercury      | <0.005 | <0.005 | <0.005 | <0.005 | <0.005 |
| Thallium     | 0.019  | <0.005 | <0.005 | 0.009  | <0.005 |
| Lead         | 0.638  | 0.023  | <0.005 | 0.231  | 0.111  |
| Bismuth      | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| Thorium      | 0.041  | 0.01   | <0.001 | 0.031  | 0.024  |
| Uranium      | 0.011  | 0.028  | <0.001 | 0.008  | 0.237  |

Table 2: Trace element concentrations (continued)

| Sample code | TU16                    | TU17                      | TU18                  | TU19           | TU20                              |
|-------------|-------------------------|---------------------------|-----------------------|----------------|-----------------------------------|
| Sample name | Organic turmeric powder | Turmeric and black pepper | Turmeric and piperine | Turmeric whole | Turmeric and black pepper tablets |

| Sample code  | TU16   | TU17   | TU18   | TU19   | TU20   |
|--------------|--------|--------|--------|--------|--------|
| Units        | mg/kg  | mg/kg  | mg/kg  | mg/kg  | mg/kg  |
| Lithium      | 0.243  | 0.021  | 0.134  | 0.106  | <0.005 |
| Beryllium    | 0.014  | 0.124  | 0.009  | 0.006  | <0.001 |
| Boron        | 6      | 31     | 4      | 4      | 32     |
| Sodium       | 1030   | 27     | 728    | 148    | 204    |
| Magnesium    | 2810   | 584    | 1670   | 1750   | 375    |
| Aluminium    | 1220   | 10.3   | 363    | 314    | 10.5   |
| Silicon      | 1800   | <100   | 900    | 500    | 1300   |
| Phosphorus   | 3010   | 58200  | 2820   | 3220   | 30     |
| Sulfur       | 1600   | <500   | 1300   | 1200   | <500   |
| Potassium    | 46500  | <20    | 29000  | 36200  | <20    |
| Calcium      | 3170   | 83500  | 1620   | 1380   | 16     |
| Scandium     | 0.426  | 0.188  | 0.084  | 0.093  | 0.034  |
| Titanium     | 82.8   | 4.8    | 10.8   | 19.6   | 0.9    |
| Vanadium     | 5.95   | 0.55   | 0.65   | 1.11   | 0.01   |
| Chromium     | 0.21   | 0.21   | 0.52   | 0.32   | 0.09   |
| Manganese    | 48.2   | 10.1   | 70     | 37     | 0.2    |
| Iron         | 906    | 23     | 154    | 182    | 2      |
| Cobalt       | 0.617  | 0.015  | 0.156  | 0.226  | <0.005 |
| Nickel       | 1.07   | <0.05  | 0.41   | 0.39   | <0.05  |
| Copper       | 5.38   | 0.18   | 2.37   | 2.44   | 0.05   |
| Zinc         | 18.1   | 0.3    | 14.7   | 7.5    | <0.2   |
| Gallium      | 0.31   | 0.02   | 0.1    | 0.08   | <0.01  |
| Germanium    | 0.07   | 0.02   | 0.02   | 0.03   | <0.01  |
| Arsenic      | 0.068  | 0.015  | 0.052  | 0.047  | <0.005 |
| Selenium     | 0.06   | 0.03   | 0.11   | 0.02   | <0.01  |
| Rubidium     | 7.65   | <0.02  | 13.8   | 4.91   | <0.02  |
| Strontium    | 14.5   | 26.9   | 14.3   | 7.98   | 0.09   |
| Yttrium      | 0.371  | 1.53   | 0.168  | 0.122  | 0.008  |
| Zirconium    | 0.34   | 0.12   | 0.11   | 0.16   | 0.4    |
| Niobium      | 0.027  | 0.004  | 0.021  | 0.016  | 0.002  |
| Molybdenum   | 0.08   | 0.02   | 0.12   | 0.07   | 0.02   |
| Ruthenium    | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| Rhodium      | <0.005 | <0.005 | <0.005 | <0.005 | <0.005 |
| Palladium    | 0.011  | 0.038  | 0.009  | 0.005  | <0.005 |
| Silver       | <0.01  | <0.01  | <0.01  | <0.01  | <0.01  |
| Cadmium      | 0.02   | <0.005 | 0.065  | 0.014  | <0.005 |
| Tin          | 0.023  | 0.009  | 0.026  | 0.008  | <0.005 |
| Antimony     | 0.003  | 0.187  | 0.004  | 0.002  | 0.016  |
| Tellurium    | <0.01  | <0.01  | <0.01  | <0.01  | <0.01  |
| Caesium      | 0.03   | <0.001 | 0.031  | 0.02   | <0.001 |
| Barium       | 6.14   | 0.25   | 27.7   | 5.97   | 0.11   |
| Lanthanum    | 0.227  | 0.204  | 0.23   | 0.102  | 0.012  |
| Cerium       | 0.563  | 0.396  | 0.474  | 0.265  | 0.029  |
| Praseodymium | 0.069  | 0.066  | 0.052  | 0.029  | 0.003  |
| Neodymium    | 0.305  | 0.324  | 0.203  | 0.125  | 0.009  |
| Samarium     | 0.073  | 0.104  | 0.04   | 0.03   | 0.002  |
| Europium     | 0.02   | 0.024  | 0.011  | 0.009  | <0.001 |
| Gadolinium   | 0.075  | 0.151  | 0.037  | 0.032  | 0.002  |

| Sample code | TU16   | TU17   | TU18   | TU19   | TU20   |
|-------------|--------|--------|--------|--------|--------|
| Terbium     | 0.013  | 0.028  | 0.005  | 0.005  | <0.001 |
| Dysprosium  | 0.074  | 0.185  | 0.028  | 0.028  | 0.001  |
| Holmium     | 0.014  | 0.038  | 0.005  | 0.005  | <0.001 |
| Erbium      | 0.041  | 0.109  | 0.016  | 0.005  | <0.001 |
| Thulium     | 0.006  | 0.014  | 0.002  | 0.002  | <0.001 |
| Ytterbium   | 0.033  | 0.082  | 0.012  | 0.012  | <0.001 |
| Lutetium    | 0.005  | 0.012  | 0.002  | 0.002  | <0.001 |
| Hafnium     | 0.011  | 0.003  | 0.005  | 0.006  | 0.01   |
| Tantalum    | 0.002  | <0.001 | 0.001  | 0.001  | <0.001 |
| Tungsten    | 0.003  | 0.035  | 0.005  | 0.002  | 0.003  |
| Rhenium     | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| Osmium      | <0.005 | <0.005 | <0.005 | <0.005 | <0.005 |
| Iridium     | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| Platinum    | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| Gold        | <0.002 | <0.002 | <0.002 | <0.002 | <0.002 |
| Mercury     | <0.005 | <0.005 | <0.005 | <0.005 | <0.005 |
| Thallium    | 0.019  | <0.005 | 0.017  | 0.007  | <0.005 |
| Lead        | 0.159  | 0.03   | 0.152  | 0.072  | 0.012  |
| Bismuth     | 0.002  | <0.001 | 0.001  | 0.001  | <0.001 |
| Thorium     | 0.066  | 0.006  | 0.057  | 0.032  | 0.007  |
| Uranium     | 0.02   | 0.113  | 0.017  | 0.009  | 0.001  |

**Table 2: Trace element concentrations (continued)**

| Sample code | TU21                                      | TU22     | TU23            | TU24            | TU25                        |
|-------------|-------------------------------------------|----------|-----------------|-----------------|-----------------------------|
| Sample name | Turmeric, ginger and black pepper tablets | Turmeric | Ground turmeric | Turmeric powder | Cold liver oil and turmeric |
| Units       | mg/kg                                     | mg/kg    | mg/kg           | mg/kg           | mg/kg                       |
| Lithium     | <0.005                                    | 0.088    | 0.064           | 0.175           | 0.006                       |
| Beryllium   | <0.001                                    | 0.005    | 0.005           | 0.01            | 0.002                       |
| Boron       | <1                                        | 4        | 5               | 5               | <1                          |
| Sodium      | 52                                        | 586      | 515             | 332             | 1340                        |
| Magnesium   | 435                                       | 1660     | 2060            | 2870            | 198                         |
| Aluminium   | 2.1                                       | 319      | 436             | 785             | 8.7                         |
| Silicon     | <100                                      | 600      | 1000            | 1300            | 1200                        |
| Phosphorus  | <10                                       | 2160     | 3240            | 2860            | <10                         |
| Sulfur      | <500                                      | 1200     | 1400            | 1300            | <500                        |
| Potassium   | <20                                       | 31900    | 39300           | 42500           | <20                         |
| Calcium     | 13                                        | 1370     | 1950            | 3060            | 35                          |
| Scandium    | <0.005                                    | 0.089    | 0.144           | 0.267           | 0.03                        |
| Titanium    | 0.2                                       | 30.8     | 30.4            | 64.1            | 2.6                         |
| Vanadium    | <0.01                                     | 1.18     | 1.65            | 2.97            | 0.05                        |
| Chromium    | 0.14                                      | 1.4      | 0.36            | 1.18            | 0.12                        |
| Manganese   | <0.1                                      | 25.1     | 30.4            | 71.2            | 0.1                         |
| Iron        | 2                                         | 198      | 280             | 551             | 4                           |
| Cobalt      | <0.005                                    | 0.196    | 0.209           | 0.455           | <0.005                      |
| Nickel      | 0.1                                       | 0.88     | 0.39            | 0.95            | <0.05                       |
| Copper      | <0.05                                     | 3        | 3.23            | 4.56            | 0.75                        |

| Sample code  | TU21   | TU22   | TU23   | TU24   | TU25   |
|--------------|--------|--------|--------|--------|--------|
| Zinc         | 0.2    | 9.5    | 8.7    | 11.3   | 0.6    |
| Gallium      | <0.01  | 0.08   | 0.12   | 0.2    | <0.01  |
| Germanium    | <0.01  | 0.02   | 0.03   | 0.04   | <0.01  |
| Arsenic      | <0.005 | 0.093  | 0.02   | 0.052  | <0.005 |
| Selenium     | <0.01  | 0.04   | 0.04   | 0.04   | <0.01  |
| Rubidium     | <0.02  | 3.39   | 5.59   | 5.55   | <0.02  |
| Strontium    | 0.03   | 8.51   | 14.8   | 13.5   | 0.15   |
| Yttrium      | <0.001 | 0.095  | 0.144  | 0.285  | 0.016  |
| Zirconium    | <0.01  | 0.23   | 0.24   | 0.47   | 0.28   |
| Niobium      | 0.004  | 0.022  | 0.016  | 0.039  | 0.002  |
| Molybdenum   | 0.16   | 0.28   | 0.11   | 0.1    | 0.0002 |
| Ruthenium    | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| Rhodium      | <0.005 | <0.005 | <0.005 | <0.005 | <0.005 |
| Palladium    | <0.005 | <0.005 | 0.009  | 0.01   | <0.005 |
| Silver       | <0.01  | <0.01  | <0.01  | <0.01  | <0.01  |
| Cadmium      | <0.005 | 0.013  | 0.011  | 0.019  | <0.005 |
| Tin          | 0.02   | 0.007  | 0.007  | 0.018  | <0.005 |
| Antimony     | <0.002 | 0.002  | <0.002 | 0.006  | <0.002 |
| Tellurium    | <0.01  | <0.01  | <0.01  | <0.01  | <0.01  |
| Caesium      | <0.001 | 0.01   | 0.008  | 0.021  | <0.001 |
| Barium       | 0.04   | 5.85   | 7.36   | 6.39   | 0.71   |
| Lanthanum    | 0.001  | 0.106  | 0.101  | 0.159  | 0.019  |
| Cerium       | 0.002  | 0.249  | 0.244  | 0.378  | 0.039  |
| Praseodymium | <0.001 | 0.03   | 0.03   | 0.049  | 0.005  |
| Neodymium    | <0.001 | 0.12   | 0.129  | 0.225  | 0.016  |
| Samarium     | <0.001 | 0.024  | 0.03   | 0.054  | 0.003  |
| Europium     | <0.001 | 0.006  | 0.009  | 0.016  | <0.001 |
| Gadolinium   | <0.001 | 0.027  | 0.031  | 0.056  | 0.003  |
| Terbium      | <0.001 | 0.004  | 0.005  | 0.009  | <0.001 |
| Dysprosium   | <0.001 | 0.02   | 0.029  | 0.055  | 0.002  |
| Holmium      | <0.001 | 0.005  | 0.006  | 0.011  | <0.001 |
| Erbium       | <0.001 | 0.011  | 0.016  | 0.03   | 0.002  |
| Thulium      | <0.001 | 0.001  | 0.002  | 0.004  | <0.001 |
| Ytterbium    | <0.001 | 0.008  | 0.013  | 0.024  | 0.002  |
| Lutetium     | <0.001 | 0.001  | 0.002  | 0.003  | <0.001 |
| Hafnium      | <0.001 | 0.007  | 0.009  | 0.013  | 0.0004 |
| Tantalum     | <0.001 | 0.002  | <0.001 | 0.002  | <0.001 |
| Tungsten     | 0.035  | 0.003  | 0.002  | 0.003  | 0.003  |
| Rhenium      | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| Osmium       | <0.005 | <0.005 | <0.005 | <0.005 | <0.005 |
| Iridium      | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| Platinum     | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| Gold         | <0.002 | <0.002 | <0.002 | <0.002 | <0.002 |
| Mercury      | <0.005 | <0.005 | <0.005 | <0.005 | <0.005 |
| Thallium     | <0.005 | <0.005 | 0.008  | 0.013  | <0.005 |
| Lead         | <0.005 | 0.066  | 0.05   | 0.151  | 0.024  |
| Bismuth      | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| Thorium      | <0.001 | 03035  | 0.018  | 0.043  | 0.005  |



| Sample code | TU21   | TU22  | TU23  | TU24  | TU25  |
|-------------|--------|-------|-------|-------|-------|
| Uranium     | <0.001 | 0.013 | 0.009 | 0.014 | 0.004 |

Table 2: Trace element concentrations (continued)

| Sample code | TU26     | TU27     | TU28     | TU29     | TU30                       |
|-------------|----------|----------|----------|----------|----------------------------|
| Sample name | Turmeric | Turmeric | Turmeric | Turmeric | Turmeric with black pepper |
| Units       | mg/kg    | mg/kg    | mg/kg    | mg/kg    | mg/kg                      |
| Lithium     | 0.01     | 0.007    | 0.016    | 0.007    | 0.005                      |
| Beryllium   | <0.001   | <0.001   | <0.001   | <0.001   | <0.001                     |
| Boron       | 1        | <1       | <1       | <1       | 28                         |
| Sodium      | 42       | 10       | 20       | 6        | 147                        |
| Magnesium   | 411      | 242      | 162      | 243      | 287                        |
| Aluminium   | 63.6     | 18.4     | 28.4     | 19.7     | 9.2                        |
| Silicon     | 200      | <100     | <100     | <100     | 1100                       |
| Phosphorus  | 910      | 360      | 210      | 370      | 30                         |
| Sulfur      | <500     | <500     | <500     | <500     | <500                       |
| Potassium   | 8850     | 5740     | 4460     | 5750     | <20                        |
| Calcium     | 432      | 236      | 262      | 262      | 21                         |
| Scandium    | 0.024    | <0.005   | 0.007    | <0.005   | 0.028                      |
| Titanium    | 11.1     | 0.8      | 1.8      | 0.8      | 1.1                        |
| Vanadium    | 0.39     | 0.02     | 0.05     | 0.02     | <0.01                      |
| Chromium    | 0.08     | <0.05    | <0.05    | <0.05    | <0.05                      |
| Manganese   | 8        | 1.9      | 7.9      | 7.9      | <0.1                       |
| Iron        | 49       | 6        | 9        | 6        | 1                          |
| Cobalt      | 0.033    | 0.006    | 0.007    | 0.007    | <0.005                     |
| Nickel      | 0.08     | <0.05    | <0.05    | <0.05    | <0.05                      |
| Copper      | 0.64     | 0.36     | 0.17     | 0.36     | 0.09                       |
| Zinc        | 2.1      | 1.9      | 1.3      | 1.8      | 0.2                        |
| Gallium     | 0.02     | <0.01    | <0.01    | <0.01    | <0.01                      |
| Germanium   | <0.01    | <0.01    | <0.01    | <0.01    | <0.01                      |
| Arsenic     | <0.005   | <0.005   | 0.007    | <0.005   | <0.005                     |
| Selenium    | <0.01    | 0.03     | <0.01    | 0.02     | <0.01                      |
| Rubidium    | 2.01     | 3.28     | 0.66     | 3.52     | 0.03                       |
| Strontium   | 1.9      | 0.5      | 3.42     | 0.53     | 0.1                        |
| Yttrium     | 0.024    | 0.009    | 0.01     | 0.01     | 0.003                      |
| Zirconium   | 0.1      | 0.02     | 0.02     | 0.02     | 0.18                       |
| Niobium     | 0.007    | 0.002    | 0.006    | 0.004    | <0.002                     |
| Molybdenum  | 0.03     | 0.14     | 0.15     | 0.17     | <0.02                      |
| Ruthenium   | <0.001   | <0.001   | <0.001   | <0.001   | <0.001                     |
| Rhodium     | <0.005   | <0.005   | <0.005   | <0.005   | <0.005                     |
| Palladium   | <0.005   | <0.005   | <0.005   | <0.005   | <0.005                     |
| Silver      | <0.01    | <0.01    | <0.01    | <0.01    | <0.01                      |
| Cadmium     | <0.005   | <0.005   | 0.01     | <0.005   | <0.005                     |
| Tin         | 0.007    | <0.005   | 0.01     | <0.005   | <0.005                     |
| Antimony    | <0.002   | <0.002   | <0.002   | <0.002   | 0.002                      |
| Tellurium   | <0.01    | <0.01    | <0.01    | <0.01    | <0.01                      |
| Caesium     | 0.002    | 0.008    | 0.003    | 0.006    | <0.001                     |

| Sample code  | TU26   | TU27   | TU28   | TU29   | TU30   |
|--------------|--------|--------|--------|--------|--------|
| Barium       | 1.13   | 1.88   | 3.98   | 2.08   | 0.09   |
| Lanthanum    | 0.015  | 0.015  | 0.018  | 0.02   | 0.004  |
| Cerium       | 0.035  | 0.028  | 0.038  | 0.037  | 0.008  |
| Praseodymium | 0.005  | 0.003  | 0.004  | 0.004  | <0.001 |
| Neodymium    | 0.02   | 0.014  | 0.018  | 0.017  | 0.003  |
| Samarium     | 0.005  | 0.002  | 0.003  | 0.003  | <0.001 |
| Europium     | 0.002  | <0.001 | 0.001  | <0.001 | <0.001 |
| Gadolinium   | 0.006  | 0.002  | 0.003  | 0.003  | <0.001 |
| Terbium      | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| Dysprosium   | 0.005  | 0.002  | 0.002  | 0.002  | <0.001 |
| Holmium      | 0.001  | <0.001 | <0.001 | <0.001 | <0.001 |
| Erbium       | 0.003  | <0.001 | 0.001  | 0.001  | 0.001  |
| Thulium      | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| Ytterbium    | 0.002  | <0.001 | <0.001 | <0.001 | <0.001 |
| Lutetium     | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| Hafnium      | 0.004  | <0.001 | <0.001 | <0.001 | 0.0004 |
| Tantalum     | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| Tungsten     | <0.002 | 0.005  | <0.002 | 0.002  | <0.002 |
| Rhenium      | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| Osmium       | <0.005 | <0.005 | <0.005 | <0.005 | <0.005 |
| Iridium      | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| Platinum     | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| Gold         | <0.002 | <0.002 | <0.002 | <0.002 | <0.002 |
| Mercury      | <0.005 | <0.005 | <0.005 | <0.005 | <0.005 |
| Thallium     | <0.005 | <0.005 | <0.005 | <0.005 | <0.005 |
| Lead         | 0.011  | 0.018  | 0.018  | 0.018  | 0.008  |
| Bismuth      | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| Thorium      | 0.003  | 0.006  | 0.005  | 0.006  | 0.003  |
| Uranium      | 0.002  | <0.001 | 0.003  | 0.001  | 0.002  |

**Table 3: Curcuminoid concentrations**

| Sample code | Product                    | Average mass per tablet/capsule (g) | Curcumin Concentration (mg/kg): A | Curcumin Concentration (mg/kg): B | DMC Concentration (mg/kg): A | DMC Concentration (mg/kg): B | BDMC Concentration (mg/kg): A | BDMC Concentration (mg/kg): A | Total Curcuminoids Concentration (mg/kg): A | Total Curcuminoids Concentration (mg/kg): B |
|-------------|----------------------------|-------------------------------------|-----------------------------------|-----------------------------------|------------------------------|------------------------------|-------------------------------|-------------------------------|---------------------------------------------|---------------------------------------------|
| TU01        | Turmeric powder            | NA                                  | 11,734                            | 15,244                            | 5,610                        | 6,797                        | 4,181                         | 5,920                         | 21,525                                      | 27,960                                      |
| TU02        | Turmeric with black pepper | 0.60                                | 9,027                             | 10,139                            | 3,806                        | 4,131                        | 3,055                         | 3,500                         | 15,888                                      | 17,770                                      |
| TU03        | Turmeric tablets           | 0.42                                | 14,033                            | 14,094                            | 2,792                        | 3,153                        | <LOQ                          | <LOQ                          | 16,825                                      | 17,247                                      |
| TU04        | Ground Turmeric            | NA                                  | 7,401                             | 7,220                             | 2,911                        | 2,613                        | 2,384                         | 2,252                         | 12,697                                      | 12,084                                      |
| TU05        | Turmeric                   | 0.62                                | 98,476                            | 101,898                           | 29,088                       | 31,088                       | 8,905                         | 9,251                         | 136,469                                     | 142,237                                     |
| TU06        | Turmeric and black pepper  | 0.35                                | 24,630                            | 22,962                            | 4,804                        | 5,092                        | <LOQ                          | <LOQ                          | 29,434                                      | 28,054                                      |
| TU07        | Organic Turmeric           | 0.46                                | 22,085                            | 25,256                            | 9,826                        | 11,153                       | 8,503                         | 9,953                         | 40,415                                      | 46,362                                      |
| TU08        | Turmeric                   | 0.53                                | 80,671                            | 81,022                            | 23,871                       | 24,744                       | 8,309                         | 8,472                         | 112,850                                     | 114,238                                     |

| Samplecode | Product                                   | Average mass per tablet/capsule (g) | Curcumin Concentration (mg/kg): A | Curcumin Concentration (mg/kg): B | DMC Concentration (mg/kg): A | DMC Concentration (mg/kg): B | BDMC Concentration (mg/kg): A | BDMC Concentration (mg/kg): A | Total Curcuminoids Concentration (mg/kg): A | Total Curcuminoids Concentration (mg/kg): B |
|------------|-------------------------------------------|-------------------------------------|-----------------------------------|-----------------------------------|------------------------------|------------------------------|-------------------------------|-------------------------------|---------------------------------------------|---------------------------------------------|
| TU09       | Organic turmeric powder                   | NA                                  | 14,154                            | 13,688                            | 6,066                        | 5,790                        | 4,126                         | 4,120                         | 24,346                                      | 23,598                                      |
| TU010      | Turmeric                                  | NA                                  | 19,430                            | 20,852                            | 8,981                        | 11,245                       | 8,159                         | 9,693                         | 36,570                                      | 41,790                                      |
| TU011      | Turmeric powder                           | NA                                  | 13,060                            | 14,870                            | 6,261                        | 6,929                        | 5,135                         | 5,798                         | 24,455                                      | 27,598                                      |
| TU12       | Curcumin                                  | 1.00                                | 438,679                           | 466,572                           | 31,578                       | 34,215                       | 5,590                         | 6,566                         | 475,847                                     | 507,309                                     |
| TU13       | Turmeric                                  | 3.96                                | 35,686                            | 38,380                            | 9,732                        | 7,759                        | 2,275                         | 2,365                         | 47,875                                      | 48,504                                      |
| TU14       | Turmeric                                  | NA                                  | 13,777                            | 15,542                            | 6,544                        | 8,524                        | 4,783                         | 6,501                         | 25,104                                      | 30,567                                      |
| TU15       | Turmeric                                  | 1.57                                | 69,805                            | 66,148                            | 20,086                       | 16,064                       | 4,781                         | 4,356                         | 94,672                                      | 86,568                                      |
| TU16       | Organic Turmeric powder                   | NA                                  | 9,991                             | 22,962                            | 4,548                        | 5,092                        | 4,932                         | <LOQ                          | 19,471                                      | 28,054                                      |
| TU17       | Turmeric and black pepper                 | 0.15                                | 286,110                           | 258,679                           | 13,279                       | 12,958                       | 3,324                         | 3,014                         | 302,712                                     | 274,651                                     |
| TU18       | Turmeric and piperine                     | 0.61                                | 11,670                            | 11,075                            | 4,625                        | 4,195                        | 4,556                         | 4,660                         | 20,851                                      | 19,930                                      |
| TU19       | Turmeric whole                            | NA                                  | 17,717                            | 16,420                            | 9,182                        | 8,598                        | 6,517                         | 6,312                         | 33,416                                      | 31,330                                      |
| TU20       | Turmeric and black pepper tablets         | 0.25                                | 58,081                            | 59,475                            | <LOQ                         | <LOQ                         | <LOQ                          | <LOQ                          | 58,801                                      | 59,745                                      |
| TU21       | Turmeric, ginger and black pepper tablets | 0.34                                | 25,735                            | 24,505                            | 6,870                        | 6,967                        | 3,519                         | 3,284                         | 36,124                                      | 34,756                                      |
| TU22       | Turmeric                                  | NA                                  | 7,196                             | 7,201                             | 2,424                        | 2,738                        | 2,504                         | 2,589                         | 12,125                                      | 12,528                                      |
| TU23       | Ground turmeric                           | NA                                  | 16,554                            | 15,931                            | 6,925                        | 6,483                        | 5,925                         | 5,554                         | 29,404                                      | 27,967                                      |
| TU24       | Turmeric powder                           | NA                                  | 13,688                            | 14,050                            | 5,558                        | 5,880                        | 4,978                         | 5,069                         | 24,224                                      | 24,998                                      |
| TU25       | Cod liver oil and turmeric                | 0.72                                | 78,678                            | 88,601                            | 24,446                       | 29,199                       | 11,862                        | 12,253                        | 114,986                                     | 130,324                                     |
| TU26       | Turmeric (dry weight basis)               | NA                                  | 24,271                            | 23,195                            | 11,530                       | 10,165                       | 9,353                         | 9,361                         | 45,155                                      | 42,270                                      |
| TU26       | Turmeric                                  | NA                                  | 4,662                             | 4,455                             | 2,215                        | 1,952                        | 1,796                         | 1,798                         | 8,673                                       | 8,205                                       |
| TU27       | Turmeric                                  | NA                                  | 16,278                            | 18,492                            | 11,112                       | 12,614                       | 5,819                         | 7,130                         | 33,209                                      | 38,237                                      |
| TU27       | Turmeric (dry weight basis)               | NA                                  | 2,059                             | 2,339                             | 1,405                        | 1,595                        | 736                           | 902                           | 4,200                                       | 4,835                                       |
| TU28       | Turmeric (dry weight basis)               | NA                                  | 36,591                            | 49,527                            | 19,796                       | 27,391                       | 18,008                        | 25,817                        | 74,395                                      | 102,735                                     |
| TU28       | Turmeric                                  | NA                                  | 2,749                             | 3,721                             | 1,487                        | 2,058                        | 1,353                         | 1,940                         | 5,589                                       | 7,718                                       |
| TU29       | Turmeric (dry weight basis)               | NA                                  | 15,352                            | 15,228                            | 10,255                       | 10,718                       | 5,606                         | 5,817                         | 31,213                                      | 31,763                                      |
| TU29       | Turmeric                                  | NA                                  | 1,993                             | 1,977                             | 1,332                        | 1,392                        | 728                           | 755                           | 4,053                                       | 4,124                                       |
| TU30       | Turmeric with black pepper                | 0.25                                | 46,584                            | 44,378                            | <LOQ                         | <LOQ                         | <LOQ                          | <LOQ                          | 46,584                                      | 44,378                                      |
| Control    | Ground Ginger                             | NA                                  | <LOQ                              | <LOQ                              | <LOQ                         | <LOQ                         | <LOQ                          | <LOQ                          | <LOQ                                        | <LOQ                                        |

Table 4: Piperine concentrations

| Sample number | Product | Average mass per tablet/capsule (grams) | Piperine Concentration (mg/kg): A | Piperine Concentration (mg/kg): B |
|---------------|---------|-----------------------------------------|-----------------------------------|-----------------------------------|
|---------------|---------|-----------------------------------------|-----------------------------------|-----------------------------------|

|         |                                           |                |         |         |
|---------|-------------------------------------------|----------------|---------|---------|
| TU02    | Turmeric with black pepper                | 0.60           | 1,170   | 1,130   |
| TU03    | Turmeric tablets                          | 0.42           | <LOQ    | <LOQ    |
| TU05    | Turmeric                                  | 0.62           | 3,277   | 4,022   |
| TU06    | Turmeric with black pepper                | 0.35           | 92,131  | 89,469  |
| TU07    | Organic Turmeric                          | 0.46           | <LOQ    | <LOQ    |
| TU08    | Turmeric                                  | 0.53           | <LOQ    | <LOQ    |
| TU12    | Curcumin                                  | 1.00           | 16,776  | 19,558  |
| TU13    | Turmeric                                  | 3.96           | <LOQ    | <LOQ    |
| TU15    | Turmeric                                  | 1.57           | 7,837   | 7,270   |
| TU17    | Turmeric with black pepper herbal extract | 0.15           | 164,103 | 199,609 |
| TU18    | Turmeric and piperine                     | 0.61           | 653     | 457     |
| TU20    | Turmeric with black pepper tablets        | 0.25           | 31,629  | 38,423  |
| TU21    | Turmeric, ginger and black pepper tablets | 0.34           | 34,457  | 33,129  |
| TU25    | Cod liver oil and Turmeric                | 0.34           | <LOQ    | <LOQ    |
| TU30    | Turmeric with black pepper                | 0.34           | 140,509 | 138,428 |
| Contorl | Ground ginger                             | Not applicable | <LOQ    | <LOQ    |

Limit of quantification: Piperine = 107 mg/kg.



## Annex 1: Trace element quality assurance data

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## Recovery and limit of detection

| Element    | Recovery (%) | LoD (mg/kg) |
|------------|--------------|-------------|
| Lithium    | 91           | 0.005       |
| Beryllium  | 98           | 0.001       |
| Boron      | 71           | 1           |
| Sodium     | 57           | 5           |
| Magnesium  | 100          | 1           |
| Aluminium  | 64           | 0.5         |
| Silicon    | 98           | 100         |
| Phosphorus | 95           | 10          |
| Sulfur     | 90           | 500         |
| Potassium  | 78           | 20          |

| Element      | Recovery (%) | LoD (mg/kg) |
|--------------|--------------|-------------|
| Calcium      | 81           | 5           |
| Scandium     | 77           | 0.005       |
| Titanium     | 55           | 0.1         |
| Vanadium     | 67           | 0.01        |
| Chromium     | 100          | 0.05        |
| Manganese    | 100          | 0.1         |
| Iron         | 100          | 1           |
| Cobalt       | 100          | 0.005       |
| Nickel       | 100          | 0.05        |
| Copper       | 100          | 0.05        |
| Zinc         | 100          | 0.2         |
| Gallium      | 80           | 0.01        |
| Germanium    | 80           | 0.01        |
| Arsenic      | 110          | 0.005       |
| Selenium     | 100          | 0.01        |
| Rubidium     | 107          | 0.02        |
| Strontium    | 95           | 0.02        |
| Yttrium      | 91           | 0.001       |
| Zirconium    | 89           | 0.01        |
| Niobium      | 85           | 0.002       |
| Molybdenum   | 90           | 0.02        |
| Ruthenium    | 93           | 0.001       |
| Rhodium      | 91           | 0.005       |
| Palladium    | 89           | 0.005       |
| Silver       | 75           | 0.01        |
| Cadmium      | 90           | 0.005       |
| Tin          | 99           | 0.005       |
| Antimony     | 101          | 0.002       |
| Tellurium    | 129          | 0.01        |
| Caesium      | 128          | 0.001       |
| Barium       | 109          | 0.02        |
| Lanthanum    | 111          | 0.001       |
| Cerium       | 105          | 0.001       |
| Praseodymium | 100          | 0.001       |
| Neodymium    | 95           | 0.001       |
| Samarium     | 95           | 0.001       |
| Europium     | 95           | 0.001       |
| Gadolinium   | 95           | 0.001       |
| Terbium      | 90           | 0.001       |
| Dysprosium   | 88           | 0.001       |
| Holmium      | 88           | 0.001       |
| Erbium       | 85           | 0.001       |
| Thulium      | 87           | 0.001       |
| Ytterbium    | 87           | 0.001       |
| Lutetium     | 84           | 0.001       |
| Hafnium      | 69           | 0.001       |
| Tantalum     | 66           | 0.001       |
| Tungsten     | 79           | 0.002       |
| Rhenium      | 89           | 0.001       |

| Element  | Recovery (%) | LoD (mg/kg) |
|----------|--------------|-------------|
| Osmium   | 90           | 0.005       |
| Iridium  | 87           | 0.001       |
| Platinum | 97           | 0.001       |
| Gold     | 90           | 0.002       |
| Mercury  | 95           | 0.005       |
| Thallium | 96           | 0.005       |
| Lead     | 94           | 0.005       |
| Bismuth  | 101          | 0.001       |
| Thorium  | 89           | 0.001       |
| Uranium  | 94           | 0.001       |

## Certified reference materials

| Element    | NIST 1548a (mg/kg) | Reference (mg/kg) | Bias (%) | INCT-OBTL-5 (mg/kg) | Reference (mg/kg) | Bias (%) | ZC73012(mg/kg) | Reference(mg/kg) | Bias (%) |
|------------|--------------------|-------------------|----------|---------------------|-------------------|----------|----------------|------------------|----------|
| Lithium    | 0.028              | None              | -        | 29.1                | ~19.3             | 51       | 0.496          | 0.54             | -8       |
| Beryllium  | <0.001             | None              | -        | 0.085               | ~0.081            | 5        | 0.002          | ~0.002           | 21       |
| Boron      | 4.55               | 4.16              | 9        | 50                  | 33.6              | 49       | 26.9           | 19.6             | 37       |
| Sodium     | 7470               | 8130              | -8       | 407                 | ~435              | -7       | 12900          | 10900            | 18       |
| Magnesium  | 325                | 580               | -44      | 8810                | 8530              | 3        | 1690           | 2410             | -30      |
| Aluminium  | 79                 | 72.4              | 9        | 3150                | 1980              | 59       | 130            | 166              | -22      |
| Silicon    | <100               | ~78.7             | -53      | 2280                | None              | -        | <100           | 240              | -74      |
| Phosphorus | 2920               | 3490              | -16      | 1720                | 1700              | 1        | 4670           | 4600             | 1        |
| Sulfur     | 1500               | 1930              | -22      | 4840                | 4550              | 6        | 7320           | 7200             | 2        |
| Potassium  | 6360               | 6970              | -9       | 31500               | 22700             | 39       | 18200          | 15500            | 17       |
| Calcium    | 1610               | 1970              | -18      | 51600               | 40000             | 29       | 7010           | 7000             | 0        |
| Scandium   | <0.005             | ~0.0008           | -        | 0.782               | 0.64              | 22       | 0.009          | ~0.007           | 29       |
| Titanium   | 5.8                | ~4.7              | 23       | 199                 | ~80.7             | 146      | 5.6            | ~9               | -38      |
| Vanadium   | 0.02               | None              | -        | 6.41                | 4.01              | 60       | 0.05           | ~0.11            | -59      |
| Chromium   | 0.05               | None              | -        | 6.27                | ~6.3              | 0        | 1.62           | 1.8              | -10      |
| Manganese  | 3.5                | 5.75              | -39      | 191                 | 180               | 6        | 13.8           | 18.7             | -26      |
| Iron       | 20                 | 35.3              | -42      | 1630                | ~1490             | 9        | 68             | 98               | -30      |
| Cobalt     | 0.01               | ~0.028            | -63      | 0.919               | 0.981             | -6       | 0.056          | 0.089            | -37      |
| Nickel     | 0.24               | 0.37              | -35      | 8.21                | 8.5               | -3       | 0.98           | 0.93             | 6        |
| Copper     | 1.43               | 2.32              | -38      | 9.64                | 10.1              | -5       | 1.5            | 2.7              | -44      |
| Zinc       | 16.7               | 24.6              | -32      | 51.9                | 52.4              | -1       | 28.6           | 26               | 10       |
| Gallium    | 0.01               | None              | -        | 0.92                | None              | -        | 0.03           | None             | -        |
| Germanium  | <0.01              | None              | -        | 0.17                | None              | -        | 0.02           | ~0.004           | 421      |
| Arsenic    | 0.195              | 0.2               | -3       | 0.766               | 0.668             | 15       | 0.068          | 0.062            | 10       |
| Selenium   | 0.23               | 0.25              | -7       | 0.18                | None              | -        | 0.23           | 0.2              | 16       |
| Rubidium   | 3.78               | None              | -        | 17.6                | 19.1              | -8       | 20.4           | 19.6             | 4        |
| Strontium  | 2.76               | 2.93              | -6       | 116                 | 105               | 11       | 52.4           | 48               | 9        |
| Yttrium    | 0.003              | None              | -        | 1.31                | ~0.963            | 36       | 0.012          | 0.015            | -19      |
| Zirconium  | 0.05               | None              | -        | 0.88                | None              | -        | 0.04           | None             | -        |
| Niobium    | 0.002              | None              | -        | 0.196               | None              | -        | 0.012          | ~0.014           | -12      |
| Molybdenum | 0.22               | 0.26              | -16      | 0.41                | 0.414             | -2       | 0.77           | 0.71             | 8        |
| Ruthenium  | <0.001             | None              | -        | <0.001              | None              | -        | <0.001         | None             | -        |
| Rhodium    | <0.005             | None              | -        | <0.005              | None              | -        | <0.005         | None             | -        |

| Element      | NIST 1548a (mg/kg) | Reference (mg/kg) | Bias (%) | INCT-OBTL-5 (mg/kg) | Reference (mg/kg) | Bias (%) | ZC73012(mg/kg) | Reference(mg/kg) | Bias (%) |
|--------------|--------------------|-------------------|----------|---------------------|-------------------|----------|----------------|------------------|----------|
| Palladium    | <0.005             | None              | -        | 0.058               | None              | -        | 0.024          | None             | -        |
| Silver       | <0.01              | None              | -        | 0.05                | 0.053             | -3       | 0.09           | None             | -        |
| Cadmium      | 0.034              | 0.035             | -4       | 3.31                | 2.64              | 25       | 0.046          | 0.035            | 32       |
| Tin          | 14.7               | 17.2              | -15      | 0.163               | None              | -        | 0.008          | None             | -        |
| Antimony     | 0.0078             | ~0.009            | -14      | 0.059               | 0.076             | -21      | 0.008          | None             | -        |
| Tellurium    | <0.01              | None              | -        | <0.01               | None              | -        | <0.01          | None             | -        |
| Caesium      | 0.0087             | None              | -        | 0.242               | 0.288             | -16      | 0.082          | 0.082            | 0        |
| Barium       | 1.08               | 1.1               | -2       | 64.1                | 67.4              | -5       | 34.2           | 12               | 185      |
| Lanthanum    | 0.003              | None              | -        | 1.48                | 1.69              | -13      | 0.02           | 0.024            | -15      |
| Cerium       | 0.004              | 0.01              | -56      | 2.82                | 2.99              | -6       | 0.043          | 0.044            | -1       |
| Praseodymium | 0.001              | None              | -        | 0.37                | ~0.321            | 15       | 0.005          | 0.004            | 11       |
| Neodymium    | 0.003              | None              | -        | 1.47                | 1.33              | 10       | 0.017          | 0.015            | 11       |
| Samarium     | 0.001              | None              | -        | 0.29                | 0.264             | 10       | 0.017          | 0.015            | -2       |
| Europium     | <0.001             | None              | -        | 0.065               | 0.06              | 7        | 0.005          | ~0.004           | 28       |
| Gadolinium   | 0.001              | None              | -        | 0.268               | ~0.243            | 10       | 0.003          | 0.003            | -17      |
| Terbium      | <0.001             | None              | -        | 0.043               | 0.035             | 24       | <0.001         | ~0.0005          | -        |
| Dysprosium   | <0.001             | None              | -        | 0.246               | ~0.184            | 33       | 0.002          | 0.003            | -13      |
| Holmium      | <0.001             | None              | -        | 0.048               | ~0.035            | 39       | <0.001         | ~0.0005          | -        |
| Erbium       | <0.001             | None              | -        | 0.14                | 0.101             | 38       | 0.002          | ~0.001           | 14       |
| Thulium      | <0.001             | None              | -        | 0.019               | ~0.014            | 39       | <0.001         | ~0.00023         | -        |
| Ytterbium    | <0.001             | None              | -        | 0.119               | 0.115             | 3        | 0.002          | 0.001            | 5        |
| Lutetium     | <0.001             | None              | -        | 0.018               | ~0.017            | 6        | <0.001         | ~0.00016         | -        |
| Hafnium      | 0.002              | None              | -        | 0.034               | 0.291             | -88      | 0.001          | None             | -        |
| Tantalum     | <0.001             | None              | -        | 0.01                | 0.042             | -75      | 0.001          | None             | -        |
| Tungsten     | 0.002              | None              | -        | 0.05                | None              | -        | 0.061          | None             | -        |
| Rhenium      | <0.001             | None              | -        | 0.01                | None              | -        | 0.001          | None             | -        |
| Osmium       | <0.005             | None              | -        | <0.005              | None              | -        | <0.005         | None             | -        |
| Iridium      | <0.001             | None              | -        | <0.001              | None              | -        | <0.001         | None             | -        |
| Platinum     | <0.001             | None              | -        | <0.001              | None              | -        | <0.001         | None             | -        |
| Gold         | <0.002             | None              | -        | 0.003               | ~0.003            | -4       | <0.002         | None             | -        |
| Mercury      | <0.005             | ~0.005            | -49      | 0.018               | 0.021             | -13      | 0.011          | 0.011            | -2       |
| Thallium     | <0.005             | None              | -        | 0.064               | 0.051             | 24       | 0.006          | ~0.006           | -4       |
| Lead         | 0.054              | 0.044             | 22       | 2.16                | 2.01              | 8        | 0.274          | 0.19             | 44       |
| Bismuth      | 0.001              | None              | -        | 0.115               | None              | -        | 0.001          | 0.003            | -52      |
| Thorium      | 0.001              | None              | -        | 0.519               | 0.503             | 3        | 0.006          | 0.009            | -38      |
| Uranium      | 0.002              | None              | -        | 0.106               | ~0.113            | -6       | 0.021          | 0.02             | 7        |

'-' indicates values where they are issued as a reference value.

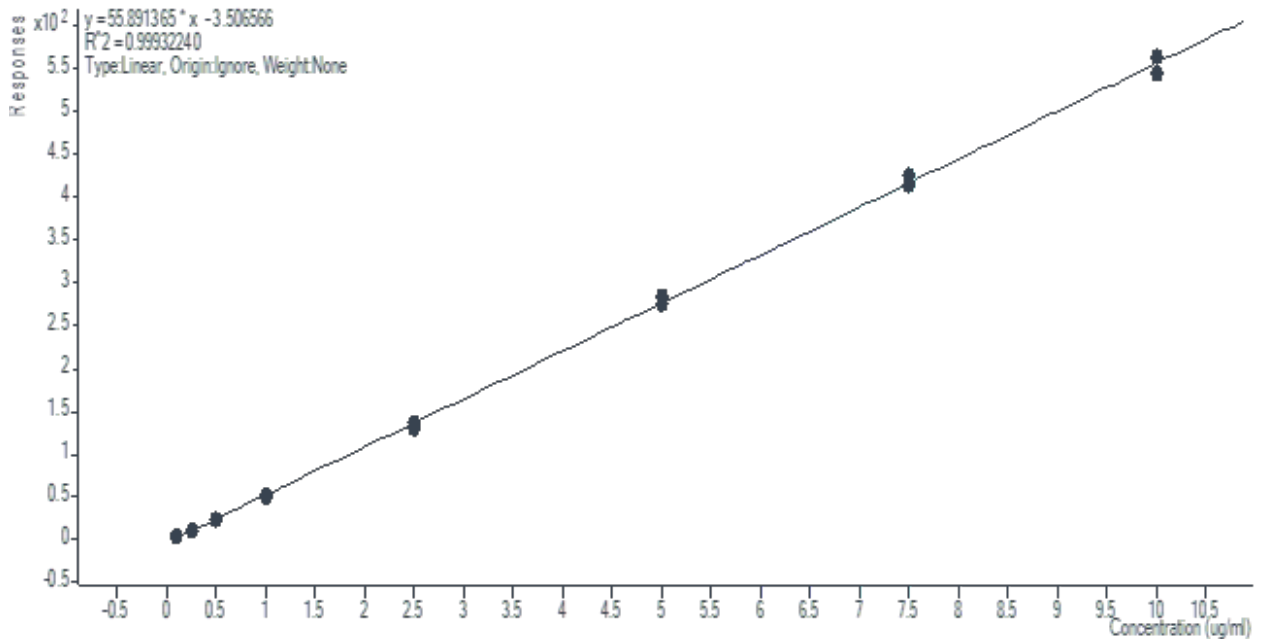


## Annex 2: Curcuminoid validation data

# Curcumin

## Calibration

Curcumin - 8 Levels, 8 Levels Used, 16 Points, 16 Points Used, 0 QCs



## Recovery and repeatability

| Sample                     | Batch 1 concentration (mg/kg) | Batch 2 concentration (mg/kg) | Batch 3 concentration (mg/kg) |
|----------------------------|-------------------------------|-------------------------------|-------------------------------|
| Low spike sample 1         | 9,899                         | 9,217                         | 9,203                         |
| Low spike sample 2         | 8,983                         | 9,617                         | 9,093                         |
| Low spike sample 3         | 8,531                         | 8,906                         | 9,180                         |
| Low spike sample 4         | 8,612                         | 8,853                         | 9,416                         |
| Low spike sample 5         | 8,716                         | 8,632                         | 9,816                         |
| Low spike sample 6         | 8,657                         | 9,230                         | 9,688                         |
| Low spike sample 7         | 8,631                         | 8,703                         | 9,695                         |
| <b>Average</b>             | <b>8,861</b>                  | <b>9,023</b>                  | <b>9,442</b>                  |
| <b>Recovery</b>            | <b>98%</b>                    | <b>98%</b>                    | <b>105%</b>                   |
| <b>Repeatability (RSD)</b> | <b>5.4%</b>                   | <b>1.1%</b>                   | <b>3.1%</b>                   |
| Medium spike sample 1      | 88,083                        | 88,309                        | 90,267                        |
| Medium spike sample 2      | 86,934                        | 88,557                        | 89,552                        |
| Medium spike sample 3      | 86,023                        | 86,293                        | 87,761                        |
| Medium spike sample 4      | 86,003                        | 87,335                        | 89,793                        |
| Medium spike sample 5      | 88,285                        | 89,001                        | 89,365                        |
| Medium spike sample 6      | 90,875                        | 88,664                        | 90,956                        |
| Medium spike sample 7      | 90,134                        | 88,336                        | 90,049                        |
| <b>Average</b>             | <b>88,048</b>                 | <b>88,071</b>                 | <b>89,678</b>                 |
| <b>Recovery</b>            | <b>98%</b>                    | <b>98%</b>                    | <b>100%</b>                   |
| <b>Repeatability (RSD)</b> | <b>2.2%</b>                   | <b>1.1%</b>                   | <b>1.1%</b>                   |
| High spike sample 1        | 180,540                       | 178,114                       | 179,583                       |
| High spike sample 2        | 183,548                       | 180,893                       | 182,099                       |



| Sample              | Batch 1 concentration (mg/kg) | Batch 2 concentration (mg/kg) | Batch 3 concentration (mg/kg) |
|---------------------|-------------------------------|-------------------------------|-------------------------------|
| High spike sample 3 | 180,048                       | 178,661                       | 183,678                       |
| High spike sample 4 | 178,903                       | 176,628                       | 178,446                       |
| High spike sample 5 | 178,456                       | 176,339                       | 175,942                       |
| High spike sample 6 | 178,537                       | 176,395                       | 177,756                       |
| High spike sample 7 | 176,755                       | 175,586                       | 180,721                       |
| Average             | 179,541                       | 177,516                       | 179,747                       |
| Recovery            | 100%                          | 99%                           | 100%                          |
| Repeatability (RSD) | 1.2%                          | 1.0%                          | 1.5%                          |

# Bisdemethoxycurcumin

## Calibration

## Recovery and repeatability

| Sample                | Batch 1 concentration (mg/kg) | Batch 2 concentration (mg/kg) | Batch 3 concentration (mg/kg) |
|-----------------------|-------------------------------|-------------------------------|-------------------------------|
| Low spike sample 1    | 10,055                        | 8,642                         | 9,529                         |
| Low spike sample 2    | 9,389                         | 9,076                         | 9,542                         |
| Low spike sample 3    | 9,583                         | 8,575                         | 9,586                         |
| Low spike sample 4    | 9,356                         | 8,941                         | 9,199                         |
| Low spike sample 5    | 9,644                         | 8,630                         | 9,546                         |
| Low spike sample 6    | 9,632                         | 9,064                         | 9,433                         |
| Low spike sample 7    | 9,675                         | 8,492                         | 9,603                         |
| Average               | 9,619                         | 8,774                         | 9,491                         |
| Recovery              | 107%                          | 97%                           | 105%                          |
| Repeatability (RSD)   | 2.4%                          | 2.8%                          | 1.5%                          |
| Medium spike sample 1 | 84,061                        | 90,443                        | 87,706                        |
| Medium spike sample 2 | 83,835                        | 91,551                        | 89,092                        |
| Medium spike sample 3 | 85,270                        | 92,213                        | 86,301                        |

| Sample                     | Batch 1 concentration (mg/kg) | Batch 2 concentration (mg/kg) | Batch 3 concentration (mg/kg) |
|----------------------------|-------------------------------|-------------------------------|-------------------------------|
| Medium spike sample 4      | 87,098                        | 90,044                        | 87,764                        |
| Medium spike sample 5      | 85,970                        | 90,827                        | 90,689                        |
| Medium spike sample 6      | 88,088                        | 92,214                        | 89,824                        |
| Medium spike sample 7      | 85,824                        | 93,060                        | 89,137                        |
| <b>Average</b>             | <b>85,724</b>                 | <b>91,662</b>                 | <b>88,645</b>                 |
| <b>Recovery</b>            | <b>95%</b>                    | <b>102%</b>                   | <b>98%</b>                    |
| <b>Repeatability (RSD)</b> | <b>1.8%</b>                   | <b>1.4%</b>                   | <b>1.7%</b>                   |
| High spike sample 1        | 181,848                       | 185,629                       | 179,314                       |
| High spike sample 2        | 185,518                       | 191,136                       | 182,990                       |
| High spike sample 3        | 182,230                       | 190,187                       | 181,666                       |
| High spike sample 4        | 182,972                       | 185,342                       | 180,509                       |
| High spike sample 5        | 182,480                       | 186,815                       | 182,336                       |
| High spike sample 6        | 181,894                       | 180,271                       | 182,455                       |
| High spike sample 7        | 182,171                       | 183,198                       | 184,728                       |
| <b>Average</b>             | <b>182,730</b>                | <b>186,083</b>                | <b>182,000</b>                |
| <b>Recovery</b>            | <b>102%</b>                   | <b>103%</b>                   | <b>101%</b>                   |
| <b>Repeatability (RSD)</b> | <b>0.7%</b>                   | <b>2.0%</b>                   | <b>1.0%</b>                   |

# Demethoxycurcumin

## Calibration

## Recovery and repeatability

| Sample             | Batch 1 concentration (mg/kg) | Batch 2 concentration (mg/kg) | Batch 3 concentration (mg/kg) |
|--------------------|-------------------------------|-------------------------------|-------------------------------|
| Low spike sample 1 | 11,016                        | 8,567                         | 9,527                         |
| Low spike sample 2 | 10,113                        | 8,704                         | 9,472                         |
| Low spike sample 3 | 10,173                        | 8,156                         | 9,239                         |
| Low spike sample 4 | 9,957                         | 8,663                         | 8,534                         |
| Low spike sample 5 | 10,611                        | 7,909                         | 9,457                         |
| Low spike sample 6 | 10,452                        | 8,168                         | 9,463                         |
| Low spike sample 7 | 10,327                        | 7,999                         | 9,476                         |
| <b>Average</b>     | <b>10,378</b>                 | <b>8,309</b>                  | <b>9,310</b>                  |
| <b>Recovery</b>    | <b>115%</b>                   | <b>92%</b>                    | <b>103%</b>                   |

| Sample                     | Batch 1 concentration (mg/kg) | Batch 2 concentration (mg/kg) | Batch 3 concentration (mg/kg) |
|----------------------------|-------------------------------|-------------------------------|-------------------------------|
| <b>Repeatability (RSD)</b> | <b>3.4%</b>                   | <b>4.0%</b>                   | <b>3.8%</b>                   |
| Medium spike sample 1      | 82,492                        | 90,081                        | 87,906                        |
| Medium spike sample 2      | 91,684                        | 91,188                        | 90,377                        |
| Medium spike sample 3      | 90,315                        | 88,761                        | 86,577                        |
| Medium spike sample 4      | 90,267                        | 90,235                        | 87,702                        |
| Medium spike sample 5      | 87,640                        | 88,703                        | 88,382                        |
| Medium spike sample 6      | 90,271                        | 90,246                        | 91,100                        |
| Medium spike sample 7      | 87,736                        | 91,431                        | 88,961                        |
| <b>Average</b>             | <b>88,629</b>                 | <b>90,105</b>                 | <b>88,715</b>                 |
| <b>Recovery</b>            | <b>98%</b>                    | <b>100%</b>                   | <b>99%</b>                    |
| <b>Repeatability (RSD)</b> | <b>3.5%</b>                   | <b>1.2%</b>                   | <b>1.8%</b>                   |
| High spike sample 1        | 177,896                       | 180,299                       | 177,926                       |
| High spike sample 2        | 180,907                       | 184,294                       | 179,632                       |
| High spike sample 3        | 181,684                       | 185,411                       | 182,946                       |
| High spike sample 4        | 177,627                       | 182,840                       | 177,503                       |
| High spike sample 5        | 183,585                       | 186,984                       | 176,702                       |
| High spike sample 6        | 180,224                       | 175,844                       | 170,056                       |
| High spike sample 7        | 179,451                       | 181,837                       | 179,465                       |
| <b>Average</b>             | <b>180,196</b>                | <b>182,501</b>                | <b>177,747</b>                |
| <b>Recovery</b>            | <b>100%</b>                   | <b>101%</b>                   | <b>99%</b>                    |
| <b>Repeatability (RSD)</b> | <b>1.2%</b>                   | <b>2.0%</b>                   | <b>2.2%</b>                   |



## Annex 3: Piperine validation data

### Piperine

#### Calibration

## Recovery and repeatability

| Sample                     | Batch 1 concentration (mg/kg) | Batch 2 concentration (mg/kg) | Batch 3 concentration (mg/kg) |
|----------------------------|-------------------------------|-------------------------------|-------------------------------|
| Low spike sample 1         | 633                           | 766                           | 820                           |
| Low spike sample 2         | 581                           | 743                           | 831                           |
| Low spike sample 3         | 623                           | 702                           | 754                           |
| Low spike sample 4         | 588                           | 741                           | 818                           |
| Low spike sample 5         | 633                           | 738                           | 809                           |
| Low spike sample 6         | 599                           | 702                           | 814                           |
| Low spike sample 7         | 620                           | 688                           | 758                           |
| <b>Average</b>             | <b>611</b>                    | <b>726</b>                    | <b>801</b>                    |
| <b>Recovery</b>            | <b>68%</b>                    | <b>81%</b>                    | <b>89%</b>                    |
| <b>Repeatability (RSD)</b> | <b>3.5%</b>                   | <b>3.9%</b>                   | <b>3.9%</b>                   |
| Medium spike sample 1      | 16,327                        | 14,128                        | 12,387                        |
| Medium spike sample 2      | 15,272                        | 13,283                        | 12,466                        |
| Medium spike sample 3      | 16,045                        | 11,923                        | 11,436                        |
| Medium spike sample 4      | 15,890                        | 12,224                        | 12,300                        |
| Medium spike sample 5      | 15,569                        | 11,036                        | 12,633                        |
| Medium spike sample 6      | 15,362                        | 10,935                        | 12,868                        |
| Medium spike sample 7      | 16,604                        | 11,152                        | 12,420                        |
| <b>Average</b>             | <b>15,867</b>                 | <b>12,097</b>                 | <b>12,359</b>                 |
| <b>Recovery</b>            | <b>88%</b>                    | <b>67%</b>                    | <b>69%</b>                    |
| <b>Repeatability (RSD)</b> | <b>3.1%</b>                   | <b>10.1%</b>                  | <b>3.6%</b>                   |

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