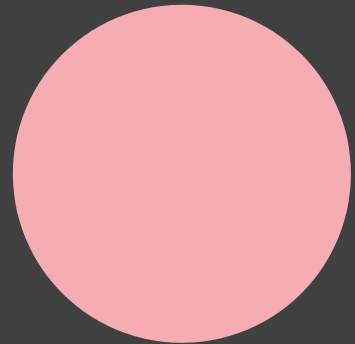
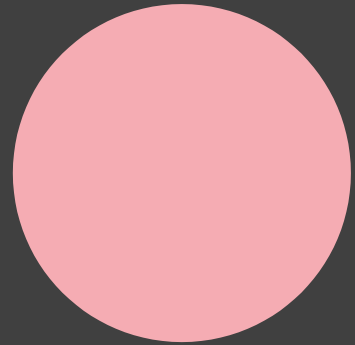

Sport England Activity Check In

Topic Questions

Wave 13 (September 2024)



Make better decisions

Savanta:

To be used alongside the Tracker Questionnaire

ADULT SURVEY (Participants aged 16+)

TOPIC QUESTIONS: Sustainable Travel

INFO SCREEN

The following questions will ask you about your use of sustainable modes of travel, including to and from sport and physical activity locations.

Sustainable modes of travel include any form of active travel (e.g. walking/running/cycling etc), any form of public transport (e.g. bus/train/tram/metro etc) or car-sharing.

ASK ALL

QW13A. How frequently do you use sustainable modes of travel at the following times of the year? *Sustainable modes of travel include any form of active travel (e.g. walking/running/cycling etc), any form of public transport (e.g. bus/train/tram/metro etc) or car-sharing.*

Please select one option

SINGLE CODE, CAROUSEL, RANDOMISE STATEMENTS

Answer Options

1. All or most days per week
2. Once or twice a week
3. Once or twice a month
4. A few times a year
5. Never

Statements

- A. Autumn & Winter months
- B. Spring & Summer months

ASK IF CODE 1-4 @ QW13A_1/2

QW13B. When do you use sustainable modes of travel?

Please select all that apply

MULTI CODE

1. To get to work / travelling for work
2. To visit family/friends
3. For sport and physical activity (e.g. travelling to facilities/locations to take part, volunteer, take others to and/or watch)
4. To run daily errands (e.g. shopping, taking children to school)
96. Other (Please specify) (FIX)

ASK IF CODE 3 @ QW13B AND QW13A_B = 1-4

QW13C1. How frequently do you use sustainable modes of travel specifically for getting to and from sport and physical activity (e.g. to watch, take part, take others or volunteer) during the **Spring & Summer months**?

Please select one option

SINGLE CODE

1. All or most days per week (SHOW IF CODE 1 @ QW13A_B)
2. Once or twice a week (SHOW IF CODE 1,2 @ QW13A_B)
3. Once or twice a month (SHOW IF CODE 1,2,3 @ QW13A_B)
4. A few times a year (SHOW IF CODE 1,2,3,4 @ QW13A_B)

ASK IF CODE 3 @ QW13B AND QW13A_A = 1-4

QW13C2. How frequently do you use sustainable modes of travel specifically for getting to and from sport and physical activity (e.g. to watch, take part, take others or volunteer) during the **Autumn & Winter months**?

Please select one option

SINGLE CODE

1. All or most days per week (SHOW IF CODE 1 @ QW13A_A)
2. Once or twice a week (SHOW IF CODE 1,2 @ QW13A_A)
3. Once or twice a month (SHOW IF CODE 1,2,3 @ QW13A_A)
4. A few times a year (SHOW IF CODE 1,2,3,4 @ QW13A_A)

ASK IF CODE 3 @ QW13B

QW13D. Why do you use sustainable modes of travel for sport and physical activity?

Please select all that apply

MULTI CODE, RANDOMISE

1. It saves me money
2. It is more convenient for me to do so/not far to go
3. The travel is part of my physical activity
4. I am conscious of the environmental impact of my travel
5. It is my only available mode of travel
6. I like to travel with friends/teammates
7. Transport is provided by the club I am a part of
96. Other (Please specify) (FIX)
99. None of these (FIX, EXCLUSIVE)
97. Don't know (FIX, EXCLUSIVE)

ASK IF CODE 3 @ QW13B

QW13E. Which types of sustainable modes of travel do you use for sport and physical activity?

Please select all that apply

MULTI CODE

1. Active travel (e.g. walking/running/cycling) for a short distance (5 miles or less)
2. Active travel (e.g. walking/running/cycling) for a long distance (more than 5 miles)
3. Public transport (e.g. bus/train/tram/metro) for a short distance (5 miles or less)
4. Public transport (e.g. bus/train/tram/metro) for a long distance (more than 5 miles)
5. Car sharing for a short distance (5 miles or less)
6. Car sharing for a long distance (more than 5 miles)
97. Don't know (FIX, EXCLUSIVE)

ASK IF NOT CODE 3 @ QW13B

QW13F. You said that you use sustainable modes of travel, but not for sport and physical activity. Why is this the case, in relation to each sustainable mode of travel?

Please select all that apply

MULTI CODE, RANDOMISE STATEMENTS AND OPTIONS

Answer Options

1. It would take me too long to get there
2. I have concerns for my personal safety when travelling by this mode to my preferred sport and physical activity location
3. I want to conserve energy for the sport/physical activity
4. I am mindful of my physical appearance upon arrival
5. Routes are unsuitable due to insufficient infrastructure e.g. footpaths, bike lanes, steps etc
6. I need to transport equipment
7. I live too far away from where my activity takes place
8. There are no public transport routes linking me to my sport and physical activity location due to it being rural/remote
9. Due to living in a rural/remote location, there are no public transport routes linking me to my sport and physical activity location

10. It is less cost effective than other modes of transport
96. Other (Please specify) (FIX)
99. None of these (FIX, EXCLUSIVE)
97. Don't know (FIX, EXCLUSIVE)

Statements

- A. Public Transport (e.g. bus/train/tram/metro etc) (SHOW CODES 1,2,4,6,7,8,9,10,96,97)
- B. Active travel (e.g. walking/running/cycling etc) (SHOW CODES 1,2,4,5,6,7,96,97)
- C. Car-sharing (SHOW CODES 1,2,6,10,96,97)

ASK IF CODE 5 FOR STATEMENT A & B @ QW13A

QW13G. What, if anything, prevents you from travelling by sustainable modes of travel?

Sustainable modes of travel: Encompasses any form of active travel (e.g. walking/running/cycling etc), any form of public transport (e.g. bus/train/tram/tube etc) and car-sharing.

Please select all that apply

MULTI CODE, RANDOMISE

1. Limited access to public transport in my area
2. Public transport schedules don't align with my needs
3. I require my own vehicle for work
4. I often carry heavy items that require a car/van etc.
5. The travel time using sustainable modes is too long
6. There is not always suitable routes/infrastructure to reach locations
7. I have concerns for my personal safety when using public transport or active travel
8. I need flexibility for unexpected travel
9. I enjoy travelling in my personal vehicle alone
10. Public transport is not reliable enough
11. It is more convenient for me to travel using my personal vehicle
12. There are not enough secure places to store my bike
13. Health and/or mobility issues that make active travel and/or using public transport difficult
14. High costs of public transport
15. Limited travel options during late hours
96. Other (Please specify) (FIX)
99. None of these (FIX, EXCLUSIVE)
97. Don't know (FIX, EXCLUSIVE)

ASK IF NOT CODE 5,6 @ QW13E

QW13H. You said that you don't use car sharing for sport and physical activity. Why is this?

Please select all that apply

MULTI CODE, RANDOMISE

1. I do not own a car, and I do not know anyone else who owns a car, lives near me or on a relevant route, and does the same sport or physical activity as me
2. I own a car, but there is no one else who lives near me or on a relevant route that does the same sport or physical activity as me
3. I am conscious of the environmental impact of my travel and do not travel by car when I can avoid it
4. The active travel (e.g. walking/running/cycling) is part of my physical activity
5. I do not want to be reliant on others
6. Public transport/active travel is more convenient
7. There is nowhere to park the car
8. I prefer the flexibility of travelling on my own schedule
9. I avoid the hassle of traffic by using public transport/active travel (e.g. walking/running/cycling)
96. Other (Please specify) (FIX)
99. None of these (FIX, EXCLUSIVE)
97. Don't know (FIX, EXCLUSIVE)

ASK IF CODE 3 @ QW13B

QW13I. What, if anything, prevents you from travelling by active travel for sport and physical activity more often? *Active travel includes any mode of travel that involves physical activity (e.g. walking/running/cycling etc)*

Please select all that apply

MULTI CODE, RANDOMISE

1. It takes me too long to get there
2. I have concerns for my personal safety when travelling by active means
3. It is often dark at the times I would engage in an active mode of travel
4. I want to conserve energy for the sport/physical activity
5. I am mindful of my physical appearance upon arrival
6. It is often too cold/wet/windy at the times I would engage in an active mode of travel
7. There is not always suitable routes/infrastructure to reach locations
8. My physical fitness/capacity limits the amount of active travel I can undertake
9. I need to transport equipment
10. I live too far away from where my activity takes place
11. It is often too hot at the times I would engage in an active mode of travel
96. Other (Please specify) (FIX)
99. I already use active travel for sport and physical activity as much as I want to (FIX, EXCLUSIVE)
97. Don't know (FIX, EXCLUSIVE)

ASK ALL

QW13J. What, if anything, is missing from your local area that would support you to undertake active travel more often? *Active travel includes any mode of travel that involves physical activity (e.g. walking/running/cycling etc)*

Please select all that apply

MULTI CODE, RANDOMISE

1. Designated bike lanes
2. Bike hire
3. Secure bike parking
4. Bike sharing schemes
5. Designated footpaths
6. Benches
7. Designated walking and cycling routes
8. Water fountains
9. Greening of environment (e.g. more trees)
10. Wayfinding (i.e. clear signage / routes)
11. Initiatives to reduce air pollution and improve air quality
12. Traffic calming measures
13. Handrails to aid with steps / slopes
14. Steps to aid with slopes
15. Well-lit paths / roads
16. Accessible facilities (e.g. for heavy equipment / bikes etc)
17. Showers and changing facilities
18. Improved behaviour of other road/path users
96. Other (Please specify) (FIX)
99. None of these (FIX, EXCLUSIVE)
97. Don't know (FIX, EXCLUSIVE)

ASK IF CODE 3 @ QW13B

QW13K. What, if anything, prevents you from travelling by public transport for sport and physical activity more often? *Public transport includes any mode of travel that involves shared vehicles (e.g. buses, trains, trams etc.)*

Please select all that apply

MULTI CODE, RANDOMISE

1. There are no public transport routes linking me to my sport and physical activity location due to it being rural/remote
2. Due to living in a rural/remote location, there are no public transport routes linking me to my sport and physical activity location
3. My physical fitness/capacity limits my use of public transport
4. I have a health condition that makes getting public transport difficult
5. I need to transport equipment
6. The cost of travel is too high
7. It takes me too long to get there
8. I have concerns for my personal safety when using public transport
9. It is often too cold/wet/windy at the times I would use public transport
10. There is not always suitable routes/infrastructure to reach locations
11. I am not aware of suitable travel routes
12. Public transport is not always available to me due to other commitments (e.g. public transport does not run late enough)
13. My journey requires multiple modes of public transport which makes it longer/more tiring/less reliable
14. Public transport is not reliable enough
15. It is often too hot at the times I would use public transport
96. Other (Please specify) (FIX)
99. None of these (FIX, EXCLUSIVE)
97. Don't know (FIX, EXCLUSIVE)

ASK IF CODE 3 @ QW13B

QW13L. What, if anything, would enable you to make use of/greater use of public transport to get to sport and physical activity locations? *Public transport includes any mode of travel that involves shared vehicles (e.g. buses, trains, trams etc.)*

Please select all that apply

MULTI CODE, RANDOMISE

1. More frequent services
2. Improved safety and security
3. Direct routes to sport and physical activity locations
4. Lower fares
5. Greater accessibility
6. Improved reliability of public transport
7. Extended services for early morning or late-night activities
8. Stations/services closer to where I live/work
9. Faster travel times
10. Improved shelter and seating at stops/stations
11. Places to store luggage (e.g. equipment)
96. Other (Please specify) (FIX)
99. None of these (FIX, EXCLUSIVE)
97. Don't know (FIX, EXCLUSIVE)