

The Adults' People and Nature Survey for England

Questionnaire for the period of April 2020 – ongoing



The Adults' People and Nature Survey for England

A survey of adults over 16 years old across England

Questionnaire for the period April 2020 – ongoing

Version: 15

Last updated: 09/06/2026

Notes

There are two sets of question numbers. The first are the original (and retained for reference as they were used in the People and Nature Survey monthly releases). The second set in brackets are an updated version of the numbering where M=module and CV=temporary COVID-19 questions.

The module and question numbering are subject to change.

Further Information

This report can be downloaded from the [Natural England Access to Evidence Catalogue](#). For information on Natural England publications or if you require an alternative format, please contact the Natural England Enquiry Service on 0300 060 3900 or email enquiries@naturalengland.org.uk.

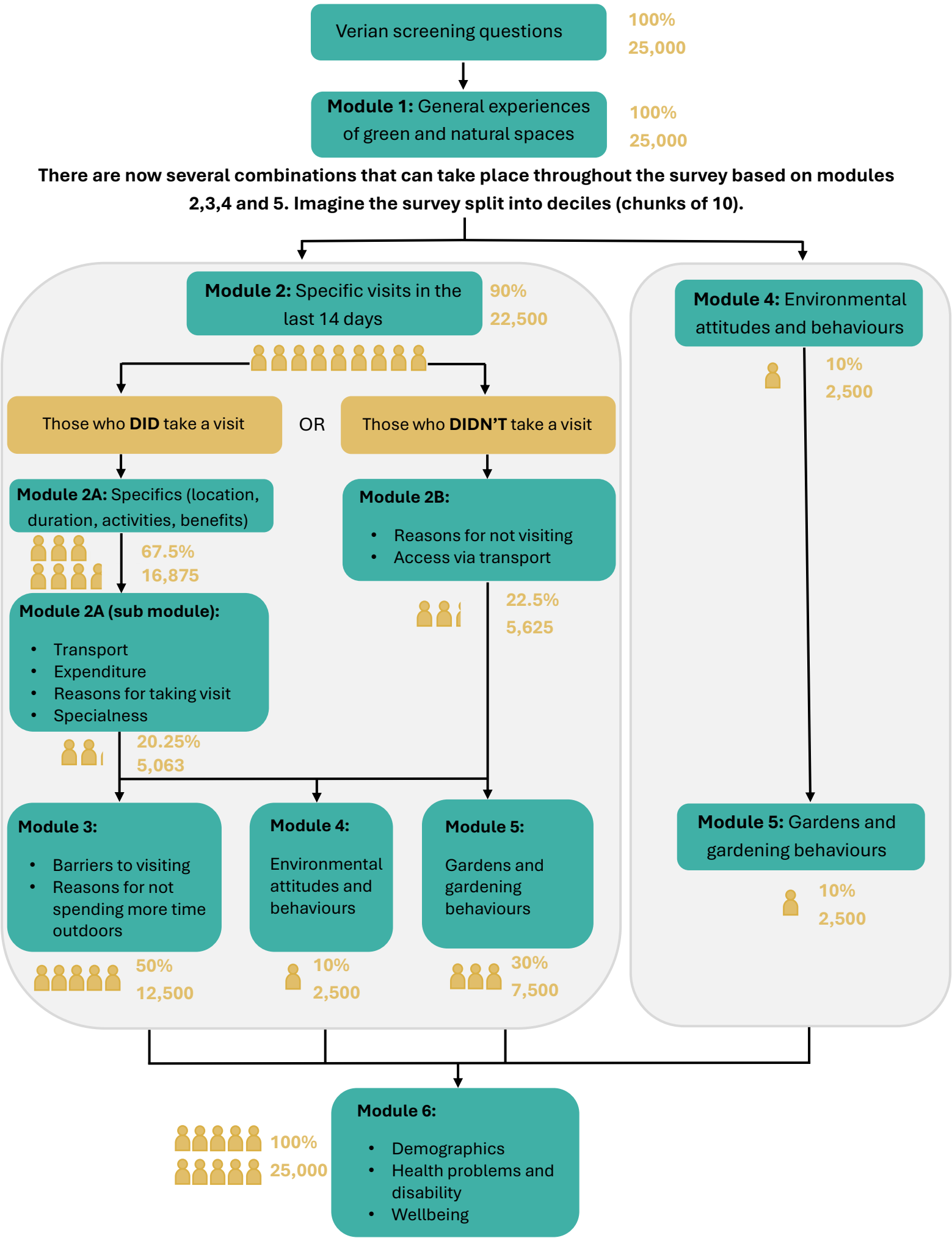
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The Adults’ People and Nature Surveys for England questionnaire structure

Mapping the questionnaire via its modules. We will collect ~ 25,000 responses per year.



The table below provides the sample size relationship between modules in the survey. In the graphic above, the sample sizes presented are those related to respondents who are asked Module 1 (everyone) and can be read from the first column.

For example: Module 2A cannot be asked with Module 2B, and of those asked Module 2A (13,500), 1500 respondents will be asked module 5.

Select a module →

	1	2	2A	2A_SUB	2B	3	4	5	6
1	25000	22500	16875	5063	5625	12500	5000	10000	25000
2	22500	22500	16875	5063	5625	12500	2500	7500	22500
2A	16875	16875	16875	5063		9375	1875	5625	16875
2A_SUB	5063	5063	5063	5063		2813	563	1688	5063
2B	5625	5625			5625	3125	625	1875	5625
3	12500	12500	9735	2813	3125	12500			12500
4	5000	2500	1875	563	625		5000	2500	5000
5	10000	7500	5625	1688	1875		2500	10000	10000
6	25000	22500	16875	5063	5625	12500	5000	10000	25000

Read the sample size ↓

People and Nature Survey for England

Full Questionnaire – amended to run live from 1st April 2026

ASK ALL

SCREENING SECTION

This survey is about your experiences and views about the natural environment. This survey includes questions on your health, ethnicity, gender and sexual orientation. All sensitive data collected in this survey will remain confidential in line with our privacy policy. These are sensitive topics and something that might make some people uncomfortable. If answering questions about these topics makes you uncomfortable, feel free to close the survey now or at any point during the survey. For more information on how your information will be processed and protected, please review Verian's privacy policy here: <https://www.veriangroup.com/uk-surveys>. Do you agree to participate in this study?

SINGLE CODE

1. Yes, I agree to participate
2. No, I do not agree to participate (SCREEN OUT)

ASK ALL

Region

Where in the UK do you live?

SINGLE CODE

1. North East
 2. North West
 3. Yorkshire and the Humber
 4. East Midlands
 5. West Midlands
 6. East
 7. London
 8. South East
 9. South West
 10. Scotland (SCREEN OUT)
 11. Wales (SCREEN OUT)
 12. Northern Ireland (SCREEN OUT)
- Don't know (DON'T SHOW – SECOND SCREEN) (SCREEN OUT)
- Prefer not to say (DON'T SHOW – SECOND SCREEN) (SCREEN OUT)

ASK ALL

Age

What was your age last birthday?

Open text box (allow answers between 16-99)

[Please type in your age.]

Don't know

Prefer not to say

ASK IF AGE = 'Don't know' OR 'Prefer not to say'

Age_band

In that case, which of these age bands do you fall into?

Please select one answer only.

SINGLE CODE

1. 16 to 19
2. 20 to 24
3. 25 to 29
4. 30 to 34
5. 35 to 39
6. 40 to 44
7. 45 to 49
8. 50 to 54
9. 55 to 59
10. 60 to 64
11. 65 to 69
12. 70 to 74
13. 75 to 79
14. 80 or over

Don't know (DON'T SHOW – SECOND SCREEN) (SCREEN OUT)

Prefer not to say (DON'T SHOW – SECOND SCREEN) (SCREEN OUT)

ASK ALL

QSexnew

What is your sex?

SINGLE CODE

Please select one answer only.

1. Male
2. Female
3. Other (specify)

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL

GenID

Is the gender you identify with the same as your sex registered at birth?

If the answer is no you will have another question to confirm which gender you identify as.

SINGLE CODE

1. Yes
2. No

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL (IF GenID = 1, AUTOCODE with response from Qsexnew (unless QSexnew = 'Don't know' or 'Prefer not to say'))

Gender

What gender do you identify as?

SINGLE CODE

Please select one answer only.

1. Male
2. Female
3. In another way (specify)

Don't know (DON'T SHOW – SECOND SCREEN) (SCREEN OUT)

Prefer not to say (DON'T SHOW – SECOND SCREEN) (SCREEN OUT)

ASK ALL

Qualification

What is your highest level of qualification?

SINGLE CODE

Please select one answer only.

1. A university degree (or above)
2. Any other qualifications (e.g. A Levels, O Levels, GCSEs, BTEC, Diplomas, Trade Apprenticeships)
3. No qualifications

Don't know (DON'T SHOW – SECOND SCREEN) (SCREEN OUT)

Prefer not to say (DON'T SHOW – SECOND SCREEN) (SCREEN OUT)

Introduction

Verian have been commissioned by Natural England, who help the government protect England's nature and landscapes, to conduct a survey about your experiences and views about the natural environment, and contributions to wellbeing. The survey is a vital long-term source of information about engagement with, and attitudes towards, the natural environment.

All information will be held securely and treated in the strictest confidence. No identifiable information will be shared with Natural England, government or anyone else. Results will be reported on at an overall level so individual responses will not be identifiable.

For more information about how Natural England protect and use the data please visit:

<https://www.gov.uk/government/publications/natural-england-privacy-notice/people-and-nature-surveys-for-england-privacy-notice>

For more information about the People and Nature Surveys for England and to see previous findings please visit:

<https://www.gov.uk/government/collections/people-and-nature-survey-for-england>

Please click on the arrow below to start the survey.

>

ADD MODULE ALLOCATION VARIABLE

There are modules/blocks throughout the survey.

These should be allocated based on respondents being randomly allocated to paths at the beginning of the survey.

10% of respondents should be allocated to each of the paths below (random 1 in 10 chance of allocation)

DBLOCK

1 Module 2 + Module 3

2 Module 2 + Module 3

3 Module 2 + Module 3

4 Module 2 + Module 3

5 Module 2 + Module 3

6 Module 2 + Module 5

7 Module 2 + Module 5

8 Module 2 + Module 5

9 Module 2 + Module 4

10 Module 4 + Module 5

ASK ALL
Module 1

The following questions are about free time you have spent outside in green and natural spaces.

✓ This includes any visits to...

- green spaces in towns and cities (e.g. parks, canals)
- the countryside (e.g. farmland, woodland, hills and rivers)
- the coast (e.g. beaches, cliffs) and activities in the open sea

✓ DO include

- visits of any duration (including short trips to the park, dog walking, etc)

✗ However, DO NOT include...

- time in your garden
- time outside as part of your job
- time spent outside the UK

ASK ALL

M1_Q1

In the last 12 months, how often, on average have you spent free time outside in green and natural spaces?

Please select one answer.

1. Every day
2. More than twice a week, but not every day
3. Twice a week
4. Once a week
5. Once or twice a month
6. Once every 2-3 months
7. Less often
8. Never

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK IF M1_Q1 <> 'Never', 'Don't know', 'Prefer not to say'

M1_Q2

Which of the following type(s) of green and natural spaces have you visited during the last month?

RANDOMISE ORDER EXCEPT 'Another green and natural space', 'Don't know', 'Prefer not to say'

MULTICODE

Please select all of the types of place visited.

1. Urban green space (such as a park, field or playground)
2. Grounds of a historic property or country park
3. Allotment or community garden
4. Woodland or forest
5. River, lake or canal
6. Hill, mountain or moorland
7. Beach / other coastline / sea
8. Nature / wildlife reserve
9. Fields / farmland / countryside
10. Another green and natural space (specify)
11. No visits in the last month [exclusive]

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL

M1_Q3

Thinking of the green and natural spaces close to where you live, have they improved or reduced in the last 5 years, or have they not changed?

The quality has...

SINGLE CODE

Please select one answer only

1. improved a lot in the last 5 years
2. improved a little in the last 5 years
3. reduced a little in the last 5 years
4. reduced a lot in the last 5 years
5. not changed

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL

M1_LC_intro

The next two questions ask about the landscape close to where you live. Please think about the area within about a **15-minute walk** of your home.

A landscape is everything you can see when you look across an area of land, including fields, hills, cliffs, rivers, buildings, trees, and plants. If you live in a built-up area, there may be more buildings than natural features.

ASK ALL

M1_LC_A

DYNAMIC GRID STATEMENTS. SINGLE CODE.

To what extent do you feel that the landscape **close to where you live** can be described as each of the following?

Please choose on a scale of 1 to 5 where 1 means 'Not at all' and 5 means 'Very'

- A. Attractive
- B. Diverse in nature
- C. Historic
- D. Distinct

RESPONSE CODES

1. 1 – Not at all
2. 2
3. 3
4. 4
5. 5 – Very
6. Don't know
7. Prefer not to say

ASK ALL

M1_LC_B

Over the last two years, has the character of the landscape close to where you live changed?

The character of a landscape is a recognisable and consistent pattern of elements that makes one landscape different from another.

SINGLE CODE

1. No, it has stayed the same
2. Yes, it has changed, and I still feel the same about it
3. Yes, it has changed positively
4. Yes, it has changed negatively
5. I have not lived in the area long enough to say

ASK ALL

The following questions are about green and natural spaces. The first question asks you about what you think these places should be like in general. The second question asks you about what your local spaces are actually like.

M1_Q4

How much do you agree or disagree with the following statements relating to green and natural spaces generally?

DYNAMIC GRID STATEMENTS. SINGLE CODE.

Please select one answer only

In general, green and natural spaces should be:

- a. Within easy walking distance for most people
- b. Good places for mental health and wellbeing
- c. A high enough standard that people want to spend time there
- d. Good places for children to play
- e. Places that encourage physical health and exercise
- f. Good places to meet other people
- g. Places that provide opportunities to see nature

RESPONSE CODES

- 1. Strongly agree
- 2. Agree
- 3. Neither agree nor disagree
- 4. Disagree
- 5. Strongly disagree

Don't know

Prefer not to say

ASK ALL

M1_Q5

The next question will ask you to think about green and natural spaces close to where you live. Now, thinking about green and natural spaces close to where you live, how much do you agree or disagree with the following statements?

DYNAMIC GRID STATEMENTS. SINGLE CODE.

Please select one answer only.

My local green and natural spaces actually are:

- a. Within easy walking distance
- b. Good places for mental health and wellbeing
- c. A high enough standard to want to spend time in
- d. Good places for children to play
- e. Places that encourage physical health and exercise
- f. Good places to meet other people
- g. Provide good opportunities to see nature

RESPONSE CODES

Response list inverted so it appears 'Strongly disagree' down to 'Strongly agree'

- 1. Strongly agree
- 2. Agree
- 3. Neither agree nor disagree
- 4. Disagree
- 5. Strongly disagree

Don't know

Prefer not to say

ASK ALL

M1_Walk_a

How long does it take you to walk to your nearest local green and natural space?

SINGLE CODE

Please select one answer only

1. 5 minutes or less
 2. Between 6 minutes and 15 minutes
 3. Between 16 minutes and 30 minutes
 4. Between 31 minutes and 45 minutes
 5. More than 45 minutes
 6. I never walk to my nearest local green space
- Don't know (DON'T SHOW – SECOND SCREEN)
Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK IF M1_Walk_a=1,2,3,4,5

M1_Walk_b

Is this the green and natural space you visit most frequently?

SINGLE CODE

Please select one answer only

1. Yes
 2. No
- Don't know (DON'T SHOW – SECOND SCREEN)
Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL

CV_Q1

Thinking about life now, have you noticed or done any of the following?

MULTICODE

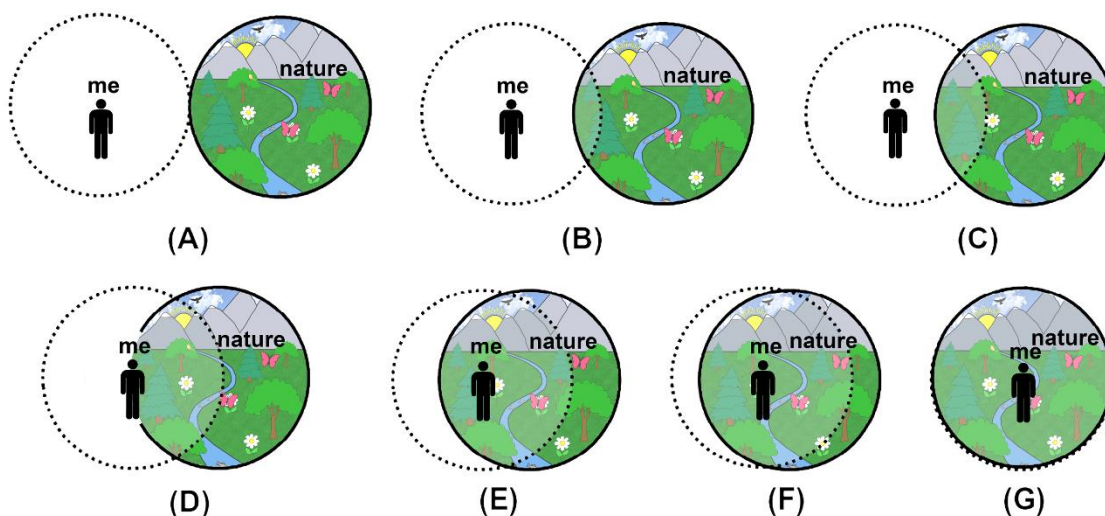
Please select all that apply

1. Nature/wildlife is more important than ever to my wellbeing.
 2. Visiting local green and natural spaces has been even more important to my wellbeing.
 3. Visiting green and natural spaces further away from me has been even more important to my wellbeing.
 4. I have spent less quality time outside with family and friends.
 5. I am visiting local green and natural spaces more.
 6. I am visiting green and natural spaces further away from me more
 7. I am participating in organised wildlife activities such as Big Garden Birdwatch.
 8. I am noticing less wildlife than I do usually.
 9. I find it difficult to observe or interact with nature.
 10. None of the above
- Don't know (DON'T SHOW – SECOND SCREEN)
Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL

M1_Connect

How connected do you feel to nature? Please choose the picture that best describes your relationship to nature.



RESPONSE CODES

1. A
2. B
3. C
4. D
5. E
6. F
7. G

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL

CC_Q1

Thinking about the times when you were outside in green and natural places recently, which of the following did you do?

MULTICODE

Please select all that apply

1. Put litter (including food waste) in a bin
2. Took litter (including food waste) home
3. Picked up other people's litter (including food waste)
4. Kept my dog on a lead or under control and in sight
5. Picked up dog poo and put it in a bin
6. Closed gates behind me
7. Left gates as I found them
8. Lit a fire
9. Had a BBQ in a place clearly signposted as a BBQ area
10. Had a BBQ anywhere else
11. Put my BBQ out, waited until the ashes were cold and disposed of my BBQ responsibly
12. Parked in front of driveways or gates
13. Said hello to other people
14. Fed animals (such as horses or cows)
15. Followed instructions on local signs
16. Kept to marked paths
17. Checked the route and local conditions before setting off
18. Left rocks, stones, plants and trees as I found them

19. Took care not to disturb wildlife
20. Took care not to disturb ruins or historic sites
21. None of the above

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL

CC_Q2

Which statement do you agree with most?

SINGLE CODE

Please select one answer only

1. I have **not** heard of the Countryside Code and **don't** know what it is.
2. I have heard of the Countryside Code but I am **not** familiar with the guidance.
3. I am familiar with the guidance in the Countryside Code but I don't tend to follow it.
4. I am familiar with the guidance in the Countryside Code and follow it.

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK 90% OF ALL REFER TO MODULE ALLOCATION VARIABLE

Module 2: Specific visits within last 14 days (No_Of_Visits)

DBLOCK=1,2,3,4,5,6,7,8,9

The following questions are about free time you have recently spent outside in green and natural spaces in the UK.

✓ This includes any visits to...

- **green spaces in towns and cities** (e.g. parks, canals)
- **the countryside** (e.g. farmland, woodland, hills and rivers).
- **the coast** (e.g. beaches, cliffs) and activities in the open sea

✓ **DO include**

- visits of any duration (including short trips to the park, dog walking etc.)

✗ **However, DO NOT include...**

- time in your garden
- time outside as part of your job
- time spent outside the UK

ASK all except IF respondent selected at least one of the following: M1_Q1 = 8 (Never) or M1_Q2 = 11 (No visits in the last month – Code as 0)

Q6

How many times, if at all, did you make this type of visit to green and natural spaces in the last 14 days?

(i.e. Between DAY OF THE WEEK, DATE 14 days ago (day of the week, dd/mm/yy) and yesterday)

Please type in a number.

If you did not take any of these types of visit in the last 14 days please enter 0.

If you are unsure please give your best estimate.

Open text box. Max 100

Don't know

Prefer not to say

ASK IF Q6 = 'Don't know'

Q6c

Have you had one or more visits to green and natural spaces in the last 14 days?

SINGLE CODE

(i.e. Between DAY OF THE WEEK, DATE 14 days ago (day of the week, dd/mm/yy) and yesterday)

1. Yes
2. No

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

If Q6>0 or Q6C=1, answer questions in part 2A (from Q7)

If Q6=0 or 'Prefer not to say' or Q6C='Don't know' or 'Prefer not to say', answer questions in part 2B (i.e. skip to M2B_Q1)

ASK RESPONDENTS WITH VISITS IN LAST 14 DAYS (IF Q6>0 or Q6C=1)

Module 2A: Details of specific visit taken within last 14 days (Visit_Date, M2A_Q2 to M2A_Q9)

We would now like to ask you some questions about your **most recent visit** to green and natural spaces in the last 14 days, that is since [date 14 days ago].

ASK IF Q6>0 or if Q6c=1

Q7

To help you remember this most recent visit when responding to the questions that follow please give the visit a name. For example you might call it 'Countryside picnic' or 'Walk during lunchbreak'.

Please type in _____

Insert visit name at top of screen and make sure the visit name is at the top of the screen for all questions in Module 2A.

ASK IF Q6>0 or if Q6c=1

Visit_Date

Most recent visit: Insert visit name

What was the date of this most recent visit?

Bring up calendar, days/dates for previous 14 days from day of interview. Allow respondent to select one date.

Please select one date from the list

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK IF Q6>0 or if Q6c=1

M2A_Q2

Most recent visit: Insert visit name

Which of these best describes the main destination of your visit? (i.e. the place you spent most time in)

SINGLE CODE

RANDOMISE ORDER EXCEPT OTHER, Non response codes (Dk/Prefer not to say) AND NO ADDITIONAL PLACES CODES.

Only show destinations that respondent has visited in the last month

(Only show answers given at M1_Q2 UNLESS M1_Q2 = 'Don't know'/'Prefer not to say', then show full list (without code 10))

If M1_Q1 = 'Don't know'/'Prefer not to say', show full list (without code 10)

Please select one option from the list.

1. Urban green space (such as a park, field or playground)
2. Grounds of a historic property or country park
3. Allotment or community garden
4. Woodland or forest
5. River, lake or canal
6. Hill, mountain or moorland
7. Beach / other coastline / sea
8. Nature / wildlife reserve
9. Fields / farmland / countryside
10. [Insert 'Other specify' response from M1_Q2]

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK IF Q6>0 or if Q6c=1

ASK IF M1_Q1 <> 'Never', 'Don't know', 'Prefer not to say'

Not asked of respondents with only one answer at M1Q2 and then the same answer at M2AQ2

M2A_Q3

Most recent visit: Insert visit name

Did your visit include going to any other places?

**RANDOMISE ORDER EXCEPT OTHER AND NO ADDITIONAL PLACES CODES. MULTICODE
EXCLUDE MAIN PLACE SELECTED AT M2A_Q2 – MUST HAVE BEEN SELECTED AT M1_Q2,
DO NOT SHOW IF M1_Q2: NO VISITS IN THE LAST MONTH**

Please select all that apply.

1. No, did not visit any additional places [fixed position]
2. Urban green space (such as a park, field or playground)
3. Grounds of a historic property or country park
4. Allotment or community garden
5. Woodland or forest
6. River, lake or canal
7. Hill, mountain or moorland
8. Beach / other coastline / sea
9. Nature / wildlife reserve
10. Fields / farmland / countryside
11. Another green and natural space (specify)

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK 30% OF RESPONDENTS WITH VISITS IN LAST 14 DAYS (IF Q6>0 or Q6C=1)

Module 2A (SUB MODULE): Details of specific visit taken within last 14 days – Transport, companions (M2A_SUB_Q1 to M2A_SUB_Q8)

ASK IF Q6>0 or if Q6c=1

M2A_SUB_Q1

What was the main form of transport you used to reach your main destination?

If you used more than one form of transport to reach your destination please select the one that you used for the longest distance.

SINGLE CODE

Please select one answer only.

1. Car / van / motorbike
2. Public transport (e.g. train, bus, coach)
3. Bicycle / mountain bike
4. On foot / walking
5. Mobility aid (such as wheelchair or mobility scooter)
6. Other (please specify)

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK IF Q6>0 or if Q6c=1

M2A_SUB_Q2

Did you go on this visit...?

MULTICODE

Please select all that apply

1. With children
2. With friends/other members of the family
3. With a dog
4. With an organised group
5. By yourself [exclusive]

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK OF ALL RESPONDENTS WITH VISITS IN LAST 14 DAYS (IF Q6>0) or if Q6c=1
Module 2A: Details of specific visit taken within last 14 days (Visit_Date, M2A_Q2 to M2A_Q9)

On the next page we are now going to ask you to enter the location of the main place you visited.

This will involve entering some details (such as the town or city, and name of the site) in a box above the map and then finding it on a map.

If you are unable to, or do not wish to, use the map, there will be the option to find the exact location by typing in some more details.

Please select the arrow below to go to the next page and enter the location.

ASK IF Q6>0 or if Q6c=1

M2A_Q4

Please show us the location of the main place you visited in the UK. If you visited more than one place, identify your main destination. To use the map:

In the box above the map: Type in the name of the place you visited, for example the park, beach or woodland.

If you don't know the name, type in the nearest local place name, such as the street or village name. Select the location from the dropdown menu.

Click or tap the screen to move the red marker to the main place you visited and click next.

Zoom or drag the screen to the side to find the exact location if you need to.

When you are happy, click next to save your answer.

✓ If you visited more than one place identify your main destination.

If you are not able to use the map please select 'Wish to type in location details' below.

ASK IF M2A_Q4 = WISH TO TYPE IN LOCATION DETAILS

M2A_Q4_Typed

Please type in a description of the location you visited (e.g. Homerton Park) [specify]

ASK IF Q6>0 or if Q6c=1

M2A_Q5

Did your journey to this place start from...

SINGLE CODE

Please select one answer only.

1. Your home
2. Work
3. Holiday accommodation
4. Somewhere else (specify)

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK IF Q6>0 or if Q6c=1

M2A_Q6

Approximately how far in miles did you travel to reach this place:

SINGLE CODE

Please select one answer only.

1. Less than 1 mile
2. 1-2 miles
3. 3-10 miles
4. 11-50 miles
5. More than 50 miles

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK IF Q6 >0 or if Q6c=1

M2A_Q7

How long did this visit last altogether?

This includes the journey: it is from the time you left home or wherever you started from to when you returned.

SINGLE CODE

Please select one answer only. If you are unsure, please provide your best estimate.

1. Up to 30 minutes
2. Over 30 minutes and up to an hour
3. Over 1 hour and up to 2 hours
4. Over 2 hours and up to 3 hours
5. Over 3 hours and up to 5 hours
6. Over 5 hours

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK IF Q6>0 or if Q6c=1

M2A_Q8A

Which of these activities, if any, did you do on this specific visit?

RANDOMISE ORDER EXCEPT OTHER/DON'T KNOW/PREFER NOT TO SAY.

MULTICODE

Please select all that apply

1. Eating or drinking out / picnicking
2. Playing with children
3. Walking (including taking a dog for a walk)
4. Cycling
5. Running
6. Fishing
7. Appreciating scenery from a car
8. Horse-riding
9. Shooting / hunting
10. Sports and games
11. Visiting an attraction
12. Boating, water sports or swimming outdoors
13. Wildlife watching
14. Any other outdoor activities (specify)

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

IF >1 ANSWER GIVEN AT M2A_Q8A

M2A_Q8B

And which would you say was the main activity you did on this specific visit?

DISPLAY ALL SELECTED AT M2A_Q8A

IF ANSWER GIVEN AT M2A_Q8B

M2A_Q8C

During this visit, how long did you spend?

PIPE IN ANSWER FROM M2A_Q8B

Please select one answer only. If you are unsure, please provide your best estimate.

1. Up to 30 minutes
2. Over 30 minutes and up to an hour
3. Over 1 hour and up to 2 hours
4. Over 2 hours and up to 3 hours
5. Over 3 hours and up to 5 hours
6. Over 5 hours

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK 30% OF RESPONDENTS WITH VISITS IN LAST 14 DAYS (IF Q6>0 or Q6C=1)

Module 2A (SUB MODULE): Details of specific visit taken within last 14 days (M2A_SUB_Q1 to M2A_SUB_Q8)

ASK IF Q6>0 or if Q6C=1

In the next question, we'd like to understand whether **[IF ANY RESPONSE TO M2A_Q8B PIPE IN ANSWER FROM M2A_Q8B, ELSE PIPE IN ANSWER FROM M2A_Q8A – if M2A_Q8A=DK/PNS 'any activities']** you undertook was physical and took effort.

ASK IF Q6>0 or if Q6C=1

M2A_SUB_Q3

During your visit, was the effort you put into **[IF ANY RESPONSE TO M2A_Q8B PIPE IN ANSWER FROM M2A_Q8B, ELSE PIPE IN ANSWER FROM M2A_Q8A – if M2A_Q8A=DK/PNS 'any activities']** enough to raise your breathing rate?

1. Yes
2. No

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK IF Q6>0 or if Q6C=1

M2A_SUB_Q4A

Please select the items below that you spent money on at any point during this visit.

✓ Only include money you personally spent, either on yourself and others

✓ Include money spent at any point during the trip

✗ Do not include money spent by others in your party

✗ Do not include money spent on petrol/fuel

**RANDOMISE ORDER EXCEPT OTHER ITEMS/DIDN'T SPEND ANY MONEY / DON'T KNOW/PREFER NOT TO SAY
MULTICODE**

Please select as many as apply

1. Food and drink
2. Car parking
3. Bus / train / ferry fares
4. Gifts / souvenirs / maps or guidebooks
5. Admission fees
6. Other items [fixed]
7. Didn't spend any money [exclusive] [fixed]

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK IF M2A_SUB_Q4A <> Didn't spend any money, don't know, prefer not to say

M2A_SUB_Q4B

Please type in the amount you personally spent on each of the items listed below.

✓ Only include money you personally spent, either on yourself and others

✓ Include money spent at any point during the trip

✗ Do not include money spent by others in your party

? If you are unsure, please provide your best estimate.

Spent on **PIPE IN CATEGORIES SELECTED AT M2A_SUB_Q4A ':' WITH PROVISION TO TYPE IN AMOUNT IN POUNDS AND PENCE**

£ ____ . ____ [max £10,000, min £0.10 do not allow £0, allow up to 2 decimal places]

Don't know

Prefer not to say

ASK FOR EACH RESPONSE IF >0 (more than 0) AT M2A_SUB_Q4A iteration

M2_SUB_Q4B_CHK1

You said you spent [Value from] on [type of spend from M2A_SUB_Q4A iteration]. Is that right?

1. Yes
2. No

IF RESPONDENT SELECTS CODE 2 = NO LOOP BACK TO M2A_SUB_Q4B iteration SO THEY CAN CHANGE THEIR ANSWER

ASK IF Q6>0 or if Q6c=1

M2A_SUB_Q5

What were the main three reasons for taking this visit?

RANDOMISE ORDER EXCEPT OTHER/DON'T KNOW/PREFER NOT TO SAY. MULTICODE (up to 3)

Please select up to three responses.

1. For physical health and exercise
2. For mental health and well being
3. To look after children / other family members
4. To get fresh air
5. To get a break from TV / other electronic devices
6. To take a lunch break / break from work
7. Because I was advised to spend time outdoors by GP or other health professional
8. To walk a dog
9. To learn something new / challenge myself / explore a new place
10. To help someone else get outside
11. To connect to nature / watch wildlife
12. For other reasons (specify)

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL WITH VISITS IN LAST 14 DAYS (ASK IF Q6>0 or if Q6c=1)

Module 2A: Details of specific visit taken within last 14 days – Benefits of visits (Visit_Date, M2A_Q2 to M2A_Q9)

ASK IF Q6 >0 or if Q6c=1

M2A_Q9

To what extent do you agree or disagree with the following statements about this time spent outdoors ...? I felt...

RANDOMISE ORDER OF STATEMENTS. DYNAMIC GRID. SINGLE CODE.

STATEMENTS

- a) It was good for my physical health
- b) It was good for my mental health
- c) It was a good opportunity to spend time with friends or family
- d) I learnt something new / challenged myself
- e) Closer to nature

RESPONSE CODES

- 1. Strongly Agree
- 2. Agree
- 3. Neither agree nor disagree
- 4. Disagree
- 5. Strongly Disagree
- 6. Not applicable
- Don't know
- Prefer not to say

ASK 30% OF RESPONDENTS WITH VISITS IN LAST 14 DAYS (IF Q6>0) or if Q6c=1

Module 2A (SUB MODULE): Details of specific visit taken within last 14 days – Specialness of visit and quality of natural environment (M2A_SUB_Q1 to M2A_SUB_Q8)

ASK IF Q6 >0 or if Q6c=1

M2A_SUB_Q6

Please move the slider to show how routine or exceptional *this visit* was to you personally.

SINGLE CODE. HORIZONTAL SLIDER.

Please answer on a scale of 1 to 5 where 1 is a routine experience and 5 is an exceptionally memorable experience.

1. 1 – Routine
 2. 2
 3. 3
 4. 4
 5. 5 – Exceptional
- Don't know
Prefer not to say

ASK IF Q6>0 or if Q6c=1

M2A_SUB_Q7

Thinking about the place that you visited, to what extent do you agree or disagree with the following statements:

DYNAMIC GRID. SINGLE CODE.

Please select one answer only.

1. There was a variety of plants and wildlife to see
2. There were adequate facilities (e.g. car parks, playgrounds, benches, toilets, etc.)
3. The place was accessible and well maintained (including good paths)
4. There was lots of litter / dog mess / graffiti
5. The place felt welcoming / safe
6. It was a good place to get fresh air / peace and tranquillity

RESPONSE CODES

1. Strongly Agree
 2. Agree
 3. Neither agree nor disagree
 4. Disagree
 5. Strongly Disagree
- Don't know
Prefer not to say

ASK IF Q6 >0 or if Q6c=1

M2A_SUB_Q8

In your view, how beautiful was the place you visited on your most recent visit?

HORIZONTAL SLIDER. SINGLE CODE.

Please select one answer only.

1. Very beautiful
 2. Beautiful
 3. Neither beautiful or not beautiful
 4. Not very beautiful
 5. Not at all beautiful
- Don't know
Prefer not to say

ASK ALL RESPONDENTS WITH NO VISITS IN LAST 14 DAYS
(IF Q6 = 0 or prefer not to say OR If Q6c=2, Don't know or prefer not to say)
Module 2B: Reasons for not visiting in last 14 days (M2B_Q1 to M2B_Q7)

ASK IF Q6 = 0 or 'Prefer not to say' OR If Q6c = 2, 'Don't know' or 'Prefer not to say'
M2B_Q1

Thinking of the last two weeks, would you have liked to spend more free time outside in green and natural spaces?

✓ **This includes any visits to...**

- **green spaces in towns and cities** (e.g. parks, canals)
- **the countryside** (e.g. farmland, woodland, hills and rivers).
- **the coast** (e.g. beaches, cliffs) and activities in the open sea

✓ **DO include...**

- visits of any duration (including short trips to the park, dog walking etc.)

✗ **However, DO NOT include...**

- time in your garden
- time outside as part of your job
- time spent outside the UK
 1. Yes
 2. No

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK IF Q6 = 0 or 'prefer not to say' OR If Q6c = 2, 'Don't know' or 'prefer not to say'
M2B_Q2

What was the main reason or reasons for not spending free time outdoors in the last 14 days?

MULTICODE. RANDOMISE RESPONSES.

PLEASE ALLOW UP TO ONLY THREE ANSWERS TO BE SELECTED

Please select up to three answers

1. Bad / poor weather
2. Poor physical health (or illness)
3. Poor mental health or well being
4. Lack of facilities and access points for those with disabilities
5. Too busy at home
6. Too busy at work / with family commitments
7. Not interested
8. Prefer to do other leisure activities
9. Fear / worry about crime or anti-social behaviour
10. Fear / worry about getting hurt or injured
11. Nowhere near me is nice enough to spend my free time in
12. Cost / too expensive
13. Stayed at home to stop coronavirus spreading
14. Other (specify)
15. No particular reason [exclusive]

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK IF M2B_Q2 = 2

M2B_Q3

How important were the following health related reasons in stopping you from visiting green and natural spaces in the last 14 days?

DYNAMIC GRID STATEMENTS. SINGLE CODE.

- a) My mobility
- b) Concerns that I will become ill during this visit
- c) Lack of disabled facilities

- d) Unsuitable / poorly maintained sites
- e) No one to go with me / help me
- f) Tiredness / fatigue

RESPONSE CODES

Please select one answer only.

- 1. 1 – Not at all important
- 2. 2
- 3. 3
- 4. 4
- 5. 5 – Very important
- 6. Not applicable
- Don't know
- Prefer not to say

ASK IF Q6 = 0 or 'Prefer not to say' OR If Q6c = 2, 'Don't know' or 'Prefer not to say'

M2B_Q4A

Thinking about visiting green and natural spaces, are you concerned or worried by any of the following?

MULTICODE. RANDOMISE.

Please select all that apply.

- 1. Fear of crime (including physical and/or verbal abuse, theft, damage to car etc)
- 2. Fear of dogs
- 3. Being on my own / isolated
- 4. Poor lighting / lack of street lighting
- 5. Visiting after dark
- 6. Getting lost
- 7. Traffic
- 8. Fear of encountering prejudice from other people
- 9. Poorly maintained sites
- 10. Hurting myself
- 11. Anti-social behaviour
- 12. Other people that may be there
- 13. Lack of facilities (toilets, benches, baby changing etc)
- 14. Contracting or spreading coronavirus
- 15. Other (specify)
- 16. No concerns or worries [EXCLUSIVE]
- Don't know (DON'T SHOW – SECOND SCREEN)
- Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK IF Q6 = 0 or 'Prefer not to say' OR If Q6c = 2, 'Don't know' or 'Prefer not to say'

M2B_Q5

To what extent do you agree or disagree with the following statement...?

I am not the sort of person who visits green and natural spaces regularly

SINGLE CODE. HORIZONTAL SLIDER.

Please select one answer only.

- 1. Strongly agree
- 2. Agree
- 3. Neither agree nor disagree
- 4. Disagree
- 5. Strongly disagree
- Don't know
- Prefer not to say

ASK IF Q6 = 0 or 'Prefer not to say' OR If Q6c = 2, 'Don't know' or 'Prefer not to say'

M2B_Q6

Thinking about the green and natural spaces you liked to visit...

How easy or difficult was it to visit these using public transport?

SINGLE CODE

Please select one answer only.

1. Very easy
2. Fairly easy
3. Neither easy nor difficult
4. Fairly difficult
5. Very difficult

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK IF Q6 = 0 or 'Prefer not to say' OR If Q6c = 2, 'Don't know' or 'Prefer not to say'

M2B_Q7

Still thinking about the green and natural spaces you liked to visit...

How easy or difficult was it to visit these without a car?

SINGLE CODE

Please select one answer only.

1. Very easy
2. Fairly easy
3. Neither easy nor difficult
4. Fairly difficult
5. Very difficult

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK 50% OF RESPONDENTS

Module 3: Children's general experiences of green and natural places (one child selected for focus to ask adult about) (M3_Q1 to M3_Q9) & Reasons for not spending more time outside in green and natural spaces
DBLOCK=1,2,3,4,5

ASK ALL

M3_Q1

How many children aged under 16 currently live in your household?

Open text box

Please type in number..... [max 50 children]

Don't know

Prefer not to say

ASK IF M3_Q1>0

M3_AGE

If multiple children (M3_Q1>1)

The following questions are about one of the children currently living in your household. Please think of the child whose age is closest to [randomised number].

If you are unsure which child is closest in age to [the randomised number above], please pick the one whose birthday is next.

If one child (M3_Q1=1)

The following questions are about the child currently living in your household.

All asked M3_Age

How old is this child?

- Open text box (allow answers between 0-15)

ASK IF M3_Q1>0

M3_Q2

Please think of the child who is [M3_AGE] years old.

In the last 12 months, how often, on average, has this child spent free time outside in green and natural spaces?

SINGLE CODE

Please select one answer only.

1. Every day
2. More than twice a week, but not every day
3. Twice a week
4. Once a week
5. Once or twice a month
6. Once every 2-3 months
7. Less often
8. Never > **SKIP TO M3_Q5**

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK IF M3_Q2 = <> 8/9/10

M3_Q3A

Please think of the child who is [M3_AGE] years old.

Now thinking just about the last month, which of the following type(s) of green and natural spaces has this child visited?

MULTICODE

Please select all of the types of place visited

1. Urban green space (such as a park, field or playground)
2. Grounds of a historic property or country park
3. Allotment or community garden
4. Woodland or forest
5. River, lake or canal

6. Hill, mountain or moorland
 7. Beach/ other coastline/ sea
 8. Nature/wildlife reserve
 9. Fields / farmland / countryside
 10. Another green and natural space (specify)
 11. No visits in the last month [exclusive]
- Don't know (DON'T SHOW – SECOND SCREEN)
- Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK IF M3_Q3A <> 11/Don't know/Prefer not to say

M3_Q3B

Which, if any, of these visits in the last month were taken as part of a school trip?

Please select all of the types of place visited.

MULTICODE

1. None were taken as part of a school trip [exclusive]
 2. **[PIPE IN ALL RESPONSES FROM M3_Q3A]**
- Don't know (DON'T SHOW – SECOND SCREEN)
- Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK M3_Q3C FOR ALL RESPONSES AT M3_Q3B that are not 1 (None) or Don't know/prefer not to say

M3_Q3C

Approximately how far in miles did they travel for this school trip to:

SINGLE CODE

[INSERT RESPONSE FROM M3_Q3B]

1. Less than 1 mile
 2. 1-2 miles
 3. 3-10 miles
 4. 11-50 miles
 5. More than 50 miles
- Don't know (DON'T SHOW – SECOND SCREEN)
- Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK IF M3_Q2 = <> 8/9/10 and IF M3_Q3A <> 11/Don't know/Prefer not to say

M3_Q4

Please think of the child who is [M3_AGE] years old.

Thinking about the last month, who did this child take these visits with?

MULTICODE

Please select all of those which apply.

1. You or another adult (16+) who lives in your home
 2. Other family members that do not live in your household
 3. An organised group – e.g. club
 4. With the school
 5. With no adults present – e.g. alone or with other children (under 16)
- Don't know (DON'T SHOW – SECOND SCREEN)
- Prefer not to say (DON'T SHOW – SECOND SCREEN)

IF M3_Q1>0

M3_Q5

Please think of the child who is [M3_AGE] years old.

In general, which of the following, if any, do you feel your child gains from spending time outside in green and natural places?

MULTICODE. RANDOMISE RESPONSES.

Select all of those which apply.

1. Spending time with friends, family and other children
2. Getting in touch with nature

3. It is good for their physical health
 4. Discovering something new
 5. Developing a sense of adventure
 6. It is good for their mental health
 7. Develop confidence
 8. Develop a sense of independence
 9. Something else (specify)
 10. None of the above [exclusive]
- Don't know (DON'T SHOW – SECOND SCREEN)
Prefer not to say (DON'T SHOW – SECOND SCREEN)

IF M3_Q1>0

M3_Q6

Please think of the child who is [M3_AGE] years old.

Would you like this child to spend more time outside in green and natural places?

SINGLE CODE

Please select one answer only.

1. Yes
 2. No
- Don't know (DON'T SHOW – SECOND SCREEN)
Prefer not to say (DON'T SHOW – SECOND SCREEN)

IF M3_Q1>0

M3_Q7A

Please think of the child who is [M3_AGE] years old.

What, if anything, stops this child from spending more free time outside in green and natural spaces?

Please include both (i) things which make it hard for them to spend more time there and (ii) things which mean you discourage your child from spending time there

MULTICODE. RANDOMISE RESPONSES.

Please select up to three answers.

1. An adult is not able to go with them
 2. Bad / poor weather
 3. School / homework
 4. Computer / online games / phone / tablet
 5. Their age (too young / too old for specific locations / activities)
 6. Poor physical health (or illness)
 7. Poor mental health or well being
 8. Lack of facilities for children (such as playgrounds / toilets)
 9. Cost / too expensive
 10. A lack of interest in green and natural spaces
 11. Worry about traffic and crossing roads
 12. Worry about "stranger danger"
 13. Worry about bullying
 14. They prefer to spend leisure time indoors
 15. Don't know where to go/ how to get to places
 16. No transport
 17. Nowhere to go
 18. Stayed at home to stop coronavirus spreading
 19. Another reason (please specify)
 20. None of the above [exclusive]
- Don't know (DON'T SHOW – SECOND SCREEN)
Prefer not to say (DON'T SHOW – SECOND SCREEN)

IF M3_Q1>0

M3_Q7B

Thinking about the last 14 days, how often has this child typically spent time in a private garden or a private shared communal garden?

SINGLE CODE

Please select one answer only.

1. Every day
 2. More than twice a week, but not every day
 3. Twice a week
 4. Once a week
 5. Once or twice in the last 14 days
 6. Never / don't have a garden
- Don't know (DON'T SHOW – SECOND SCREEN)
Prefer not to say (DON'T SHOW – SECOND SCREEN)

IF M3_Q1>0

M3_Q7C

Thinking about life now, since the coronavirus restrictions have been lifted, do any of the following statements apply to this child?

MULTICODE. RANDOMISE RESPONSES.

Please select all that apply

1. I wish this child could spend more time outside in nature to support their mental health.
 2. I wish this child could spend more time outside to support their physical health.
 3. I am worried about this child spending time outside owing to the threat of catching or spreading coronavirus.
 4. I think the streets are safer for children (e.g. less traffic).
 5. This child seems happier when they have spent time outside.
 6. I am worried that this child is spending too much time indoors.
 7. Learning outside or about nature is especially important for this child at this time.
 8. None of the above [EXCLUSIVE]
- Don't know (DON'T SHOW – SECOND SCREEN)
Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL

The following questions are about whether YOU would personally like to spend more or less time outside and why.

M3_Q8

Would you like to spend more time outside in green and natural places?

SINGLE CODE

Please select one answer only.

1. Yes
 2. No
- Don't know (DON'T SHOW – SECOND SCREEN)
Prefer not to say (DON'T SHOW – SECOND SCREEN)

M3_Q9

What, if anything, generally stops you from spending more free time outside in green and natural spaces?

MULTICODE. RANDOMISE RESPONSES.

Please select up to three answers

1. Bad / poor weather
2. Poor physical health (or illness)
3. Poor mental health or wellbeing
4. Lack of facilities and access points for those with disabilities
5. Too busy at home
6. Too busy at work

7. Not interested
 8. Prefer to do other leisure activities
 9. Cost / too expensive
 10. Fear / worry about crime or anti-social behaviour (including physical and/or verbal abuse)
 11. Fear / worry about getting hurt or injured
 12. Nowhere near me is nice enough to spend my free time in
 13. Stayed at home to stop coronavirus spreading
 14. Another reason (please specify)
 15. No particular reason [EXCLUSIVE]
- Don't know (DON'T SHOW – SECOND SCREEN)
- Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK 20% OF RESPONDENTS

Module 4 (M4): Environmental attitudes and behaviours (M4_Q1 to M4_Q17)

DBLOCK=9,10

The next few questions relate to your views on the natural environment and what you might do to protect it.

M4_Q1

What do you think are the most important issues facing the United Kingdom at the moment?

RANDOMISE RESPONSES

Please select up to three choices.

1. Unemployment
2. Rising prices / inflation / cost of living
3. Immigration
4. Health / NHS
5. Economy
6. Pensions
7. The environment / climate change
8. Crime
9. Housing
10. The education system / schools
11. Government debt
12. Defence / terrorism
13. Taxation
14. Inequality / poverty
15. EU / Europe
16. Lack of faith in politics / politicians / government
17. Another issue (please specify)

ASK ALL

M4_Q2

How important is protecting the environment to you personally?

SINGLE CODE

Please select one answer only.

1. Very important
2. Important
3. Neither important nor unimportant
4. Not very important
5. Not at all important

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL

M4_Q3

Which of the following, if any, do you see as the most important reasons to look after the environment?

To protect...

MULTI CODE. PLEASE ALLOW UP TO ONLY THREE ANSWERS TO BE SELECTED.

RANDOMISE ANSWER CODE ORDER (BUT FIX OTHER SPECIFY, NONE OF THE ABOVE, DON'T KNOW AND PREFER NOT TO SAY).

*Please select up to **THREE** choices.*

1. Children and future generations
2. All people around the world
3. Animals and plants
4. My lifestyle
5. My health
6. Local landscapes and green and natural spaces
7. Any other reasons (please specify)
8. None of the above [exclusive]

Don't know (DON'T SHOW – SECOND SCREEN)
Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL

M4_Q4

How much do you agree or disagree with the following statement?

I am concerned about damage to the natural environment.

SINGLE CODE

Please select one answer only.

1. Strongly agree
2. Agree
3. Neither agree nor disagree
4. Disagree
5. Strongly disagree

Don't know (DON'T SHOW – SECOND SCREEN)
Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL

M4_Q5

We would like you to think about all species of animals and plants that are alive on our planet.

Thinking about the variety of animal and plant life in the next 50 years.

Do you think there will be...?

SINGLE CODE

Please select one answer only.

1. less variety of life
2. no change to the variety of life
3. more variety of life

Don't know (DON'T SHOW – SECOND SCREEN)
Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL

M4_Q6

How concerned are you about the consequences of a loss of variety of life in England?

SINGLE CODE

Please select one answer only.

1. Not at all concerned
2. Not very concerned
3. Neither concerned nor unconcerned
4. Concerned
5. Extremely concerned

Don't know (DON'T SHOW – SECOND SCREEN)
Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL

M4_Q7

Below is a list of environmental issues. Please pick the four issues that you are most concerned about.

MULTICODE UP TO 4. RANDOMISE.

Please select up to four answers.

1. Decline or extinction of animal and plant life
2. Shortage of drinking water
3. Frequent droughts or floods
4. Pollution of rivers, lakes and ground water
5. Pollution of the sea
6. Air pollution
7. Noise pollution

8. Climate change
9. Growing amount of waste
10. Agricultural pollution (use of pesticides, fertilisers, soil degradation)
11. Plastic pollution
12. Building on green and natural spaces
13. Other (specify)
14. None of these

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL

M4_Q8

How much do you agree or disagree with the following:

DYNAMIC GRID STATEMENTS. SINGLE CODE.

- a) I always find beauty in nature
- b) I always treat nature with respect
- c) Being in nature makes me very happy
- d) Spending time in nature is very important to me
- e) I find being in nature really amazing
- f) I feel part of nature
- g) I am taking more time to notice and engage with everyday nature (e.g. listening to birdsong, noticing butterflies)

RESPONSE CODES

Please select one answer only.

1. Completely disagree
2. Strongly disagree
3. Disagree
4. Neither agree nor disagree
5. Agree
6. Strongly agree
7. Completely agree

Don't know

Prefer not to say

ASK ALL

M4_Q9

How often do you do the actions below when you have the opportunity?

DYNAMIC GRID STATEMENTS. SINGLE CODE.

- a) When I see litter, I pick it up
- b) I vote for political parties with strong environmental policies
- c) I contact an MP or council about an environmental issue
- d) I sign petitions or participate in a campaign or demonstration about an environmental issue
- e) I volunteer time for an environmental cause
- f) I donate money to or am a member of an environmental organisation
- g) I try to persuade people I know in person to do more to help the environment
- h) I post online content related to the environment

RESPONSE CODES

Please select one answer only.

1. Never
2. Rarely
3. Sometimes
4. Often
5. Always/ whenever I have the opportunity
6. Not applicable

Don't know

Prefer not to say

ASK ALL

M4_Q10A

Are you going to make changes to your lifestyle to protect the environment (for example by recycling rather than throwing things away, using your car less and buying local food)?

SINGLE CODE

Please select one answer only.

1. Yes
2. No
- Don't know (DON'T SHOW – SECOND SCREEN)
- Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK IF M4_Q10A = 'No', 'Don't know'

M4_Q10B

Is this because...?

MULTICODE

Please select all that apply.

1. I like my lifestyle and do not want to change
2. It is too difficult / I do not know how
3. I already do as much as I can
- Don't know (DON'T SHOW – SECOND SCREEN)
- Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL

M4_Q11

Thinking about the last month, which of the following have you done?

MULTICODE

Please select all that apply.

1. Composted food waste, or put food waste out for collection
2. Switched off lights and appliances to save energy / to protect the environment
3. Recycled items
4. Brought your own bags when shopping
5. Bought products with an environmental label
6. Bought produce that is grown locally or in season
7. Bought second-hand items
8. Watched wildlife / nature programmes
9. Taken shorter showers to save water or energy
10. None of the above [exclusive]
- Don't know (DON'T SHOW – SECOND SCREEN)
- Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL

M4_Q12

Does your home have any of the following?

MULTICODE

Please select all that apply

1. Energy supplied by a renewable source (e.g. solar panels, green tariff)
2. Water efficient appliances (e.g. dual flush toilets, water efficient washing machines or water efficient shower heads)
3. Water meter
4. Smart meter / smart home device
5. None of the above
- Don't know (DON'T SHOW – SECOND SCREEN)
- Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL

M4_Q13A

How often do you do the following?

DYNAMIC GRID STATEMENTS. SINGLE CODE.

- a) Eat meat
- b) Drive to work or place of study in a car / motorbike or van

RESPONSE CODES

Please select one answer only.

- 1. Every day
- 2. More than twice a week, but not every day
- 3. Twice a week
- 4. Once a week
- 5. Once or twice a month
- 6. Once every 2-3 months
- 7. Less often
- 8. Never

Don't know

Prefer not to say

ASK ALL

M4_Q13B

How often do you take flights on an aeroplane?

Please think of all flights including those for holidays, work, study or any other reason.

SINGLE CODE

Please select one answer only.

- 1. At least once a week
- 2. Once or twice a month
- 3. Once every 2-3 months
- 4. More than once a year, but less than every 2 – 3 months
- 5. Once every year
- 6. Less often
- 7. Never

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL

M4_Q14

Thinking about how you live your life, to what extent do you agree or disagree with the following?

Please select one answer only.

I try to reduce...

DYNAMIC GRID STATEMENTS. SINGLE CODE.

- a) how often I consume meat and/or dairy
- b) energy use
- c) water waste
- d) the amount of things I buy in general

RESPONSE CODES

- 1. Strongly agree
- 2. Agree
- 3. Neither agree nor disagree
- 4. Disagree
- 5. Strongly disagree
- 6. Not applicable

Don't know

Prefer not to say

ASK ALL

M4_Q15

In your opinion, which of the following would be the best ways of tackling environmental problems?

MULTICODE UP TO 3 ANSWERS

Please select up to three answers.

1. Education (e.g. providing more information and advice to help people change their habits)
2. Better enforcement of laws that aim to protect the environment (e.g. fining people/businesses who break these laws)
3. Stricter laws to protect the environment
4. Financial incentives or other rewards
5. Increased taxation for damaging the environment
6. Research and development
7. Changing the physical environment to encourage environmentally friendly behaviour (e.g. recycling bins in public)
8. Other

Don't know (DON'T SHOW – SECOND SCREEN)

ASK ALL

M4_Q16

In your opinion, is each of the following currently doing too much, about the right amount, or not enough to protect the environment?

Please select one answer only.

DYNAMIC GRID STATEMENTS. SINGLE CODE.

- a) Big companies and industry
- b) The general public
- c) You / your household
- d) People who live in your area
- e) Your local council
- f) Your city (or combined /metropolitan authority)
- g) The UK government

RESPONSE CODES

1. Doing too much
2. Doing about the right amount
3. Not doing enough

Don't know

Prefer not to say

ASK ALL

M4_Q17

To what extent do you agree with the following statement?

The businesses or individuals who create pollution or cause environmental damage should be responsible for repairing the damage they cause.

SINGLE CODE

Please select one answer only.

1. Strongly agree
2. Agree
3. Neither agree nor disagree
4. Disagree
5. Strongly disagree

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK 40% OF RESPONDENTS

Module 5 (M5): Gardens and gardening behaviours (M5_Q1A to M5_Q3)

DBLOCK=6,7,8,10

ASK ALL

M5_Q1A

Which of the following best applies to you ...?

MULTICODE

Please select all that apply

1. I have access to a private garden
2. I have access to a shared garden
3. I have access to a private outdoor space but not a garden (balcony, yard, patio area)
4. I have access to an allotment at a council / community run site
5. I don't have access to a garden or allotment [exclusive] – **SKIP TO END OF MODULE**

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK IF M5_Q1A = 1,2,3,4

M5_Q1B

Thinking about the last 14 days, how often did you typically spend time in this [if M5_Q1A =1,2 garden] [if M5_Q1A =3,4 space] [if M5_Q1A =1,2 AND M5_Q1A = 3,4 garden or space]?

SINGLE CODE

Please select one answer only.

1. Every day
2. More than twice a week, but not every day
3. Twice a week
4. Once a week
5. Once or twice in the last 14 days
6. Never

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK IF M5_Q1A = 1,2,3,4

M5_Q1C

How important is having access to a garden or allotment to you personally?

SINGLE CODE

Please select one answer only.

1. Very important
2. Important
3. Neither important nor unimportant
4. Not very important
5. Not at all important

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK IF M5_Q1A = 1,2,3,4

M5_Q1D

Thinking about this [if M5_Q1A =1,2 garden] [if M5_Q1A =3,4 space] [if M5_Q1A =1,2 AND M5_Q1A = 3,4 garden or space] which of the following statements, if any, do you agree with?

MULTICODE

Please select all that apply

1. I like spending time in my [garden/space/garden or space]
2. I don't like my [garden/space/garden or space]
3. I enjoy gardening
4. I like to grow fruit, vegetables or herbs in my [garden/space/garden or space]
5. My [garden/space/garden or space] is a place where children can play
6. I enjoy my [garden/space/garden or space] because it is private

7. I encourage wildlife in my [garden/space/garden or space] (e.g. feeding birds)
8. I enjoy the wildlife in my [garden/space/garden or space]
9. I enjoy the trees / grass / plants in my [garden/space/garden or space]
10. My [garden/space/garden or space] is a chore

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK IF M5_Q1A = 1,2,3,4

M5_Q1E

What were the main three reasons for spending time in this [if M5_Q1A =1,2 garden] [if M5_Q1A =3,4 space] [if M5_Q1A =1,2 AND M5_Q1A = 3,4 garden or space]?

MULTICODE. RANDOMISE (except other, don't know, prefer not to say).

Please select up to three responses.

1. For physical health and exercise
2. For mental health and wellbeing
3. To look after children / other family members
4. To get fresh air
5. To take break (from work, TV, etc.)
6. Because I was advised to spend time outdoors by GP or other health professional
7. To exercise a dog
8. To learn something new / challenge myself / be creative
11. To help someone else get outside
12. To connect to nature / watch wildlife
13. To do gardening / maintenance
14. For other reasons (specify)

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK IF M5_Q1A = 1,2,3 ,4

M5_Q1F

To what extent do you agree or disagree with the following statements about time spent in [if M5_Q1A =1,2 garden] [if M5_Q1A =3,4 space] [if M5_Q1A =1,2 AND M5_Q1A = 3,4 garden or space]? ...? I felt...

DYNAMIC GRID STATEMENTS. SINGLE CODE. RANDOMISE STATEMENT ORDER.

- a) It was good for my physical health
- b) It was good for my mental health
- c) It was a good opportunity to spend time with friends or family
- d) I learnt something new / challenged myself / was creative
- e) Closer to nature

RESPONSE CODES

Please select one answer only.

1. Strongly agree
2. Agree
3. Neither agree nor disagree
4. Disagree
5. Strongly disagree

Don't know

Prefer not to say

ASK IF M5_Q1A = 1,2,3 ,4

M5_Q2

And which of the following best describes this [if M5_Q1A =1,2 garden] [if M5_Q1A =3,4 space] [if M5_Q1A =1,2 AND M5_Q1A = 3,4 garden or space] ...?

SINGLE CODE

Please select one answer only

This place is:

1. Mainly paved/ hard surface
2. A mix of hard and more natural surfaces (i.e. grass and plants)
3. Mainly natural (i.e. grass and plants)

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK IF M5_Q1A = 1,2,3,4

M5_Q3

In the [if M5_Q1A =1,2 garden] [if M5_Q1A =3,4 space] [if M5_Q1A =1,2 AND M5_Q1A = 3,4 garden or space] you have access to, how often do you do the following?

DYNAMIC GRID STATEMENTS. SINGLE CODE.

- a) I plant / maintain pollinator-friendly plants
- b) I add log piles or other materials that can be used as a home or shelter by wildlife
- c) I maintain plants with berries/fruits
- d) I provide food for wild animals such as birds
- e) I use a water butt and watering can to water my garden

RESPONSE CODES

Please select one answer only

1. Never
2. Rarely
3. Sometimes
4. Often
5. Very often
6. Not applicable

Don't know

Prefer not to say

ASK ALL

Module 6 (M6) – Demographics

ASK ALL

Marital_Status

What is your marital status?

SINGLE CODE

Please select one answer only.

1. Single
2. Married or in a civil partnership
3. Co-habiting
4. Separated, but still legally married or in civil partnership
5. Divorced or civil partnership dissolved
6. Widowed or surviving partner of civil partnership

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK IF M3_Q1 HAS NOT BEEN ANSWERED

IF M3_Q1 HAS BEEN ANSWERED FORCE RESPONSE FROM M3_Q1

No_Of_Children

How many children aged under 16 currently live in your household?

Open text box

Please type in number..... [max 50 children]

Don't know

Prefer not to say

ASK ALL

Work_Status

Are you...?

SINGLE CODE

Please select one option that best applies.

1. In full-time employment (31+ hours per week)
2. In part-time employment (Up to 30 hours per week)
3. Self-employed
4. Unemployed – less than 12 months
5. Unemployed (long term) – more than 12 months
6. Not working – retired
7. Not working – looking after house/children/other caring responsibilities
8. Not working – long term sick or disabled
9. Student – in full-time education
10. Student – in part-time education

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK IF Work_Status = 9 or 10 [students]

Student_Work_Status

And are you currently in any form of full or part time employment or self-employed?

SINGLE CODE

Please select one answer only.

1. Yes
2. No

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL

Income

Which of the following best describes your total annual household income before tax?

SINGLE CODE

Please select one answer only

1. £0–14,999
2. £15,000–19,999
3. £20,000–29,999
4. £30,000–39,999
5. £40,000–49,999
6. £50,000–59,999
7. £60,000–79,999
8. £80,000–99,999
9. £100,000–£149,999
10. £150,000 +

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL

Ethnicity

Which one of the following best describes your ethnic group or background?

SINGLE CODE

Please select one answer only

1. White
2. Mixed
3. Asian or Asian British
4. Black or Black British
5. Any other ethnic group or background

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK Ethnicity <> 'Don't know' OR 'Prefer not to say'

Ethnicity Detailed

And would you describe yourself as:

Please select one answer only.

IF Ethnicity = 1

1. English/Welsh/Scottish/Northern Irish/British
2. Irish
3. Gypsy or Irish Traveller
4. Any other White background (specify)

IF Ethnicity = 2

5. White and Black Caribbean
6. White and Black African
7. White and Asian
8. Any other mixed/multiple ethnic background (specify)

IF Ethnicity = 3

9. Indian
10. Pakistani
11. Bangladeshi
12. Chinese
13. Any other Asian background (specify)

IF Ethnicity = 4

14. African
15. Caribbean
16. Any other Black/African/Caribbean background (specify)

IF Ethnicity = 7

18. Arab
19. Any other ethnic group (specify)

ASK ALL

No_of_Vehicles

In total, how many cars or vans are owned, or available for use, by members of this household?

SINGLE CODE

Please select one answer only.

1. None
2. One
3. Two
4. Three
5. Four or more

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL

Dog

Do you have a dog in the household?

SINGLE CODE

Please select one answer only.

1. Yes
2. No

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL

Illnesses

Do you have any physical or mental health conditions or illnesses lasting or expected to last for 12 months or more?

SINGLE CODE

Please select one answer only.

1. Yes
2. No

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK IF Illnesses = Yes

Illnesses_Detail2

You previously said that you have one or more physical or mental health conditions or illnesses lasting or expecting to last for 12 months or more...

Which if any of the following conditions or illnesses affect you?

MULTICODE

Please select all that apply.

1. Vision (for example blindness or partial sight)
2. Hearing (for example deafness or partial hearing, tinnitus or hyperacusis)
3. Mobility (for example walking short distances or climbing stairs)
4. Dexterity (for example lifting and carrying objects, using a keyboard)
5. Learning or understanding or concentrating
6. Memory
7. Mental health
8. Stamina or difficulty breathing or fatigue
9. Socially or behaviourally (for example associated with autism, attention deficit disorder or Asperger's syndrome)
10. Any other heart or lung condition
11. Other (specify)

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK IF Illnesses = Yes

Illnesses_Impact

Does your condition or illness reduce your ability to carry-out day-to-day activities?

SINGLE CODE

Please select one answer only.

1. Yes, a lot
2. Yes, a little
3. Not at all
- Prefer not to say

ASK ALL

General_Health

Would you say that, in general, your health is...

SINGLE CODE

Please select one answer only.

1. Very good
2. Good
3. Fair
4. Bad
5. Very bad
- Don't know (DON'T SHOW – SECOND SCREEN)
- Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL

Orientation

Which of the following options best describes your sexual orientation

SINGLE CODE

Please select one answer only.

1. Heterosexual or Straight
2. Gay or Lesbian
3. Bisexual
4. Other (specify)
- Don't know (DON'T SHOW – SECOND SCREEN)
- Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL

Activity

In the past week, on how many days have you done a total of 30 minutes or more of physical activity, which was enough to raise your breathing rate?

This may include sport, exercise, and brisk walking or cycling for recreation or to get to and from places, but should not include housework or physical activity that may be part of your job.

OPEN TEXT BOX (range 0 to 7)

Please type the number of days between 0 and 7

Don't know
Prefer not to say

ASK ALL

Wellbeing_lonely

How often do you feel lonely?

SINGLE CODE

Please select one answer only.

1. Often / always
2. Sometimes
3. Occasionally

- 4. Hardly ever
 - 5. Never
- Don't know (DON'T SHOW – SECOND SCREEN)
Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL

Wellbeing_satisfied

Overall, how satisfied are you with your life nowadays?

SINGLE CODE

Scripter note: Please add in response box where respondents answer in numerical format from 0-10. Please ensure the maximum answer that respondents can type in = 10.

ENTER A NUMBER FROM 0 to 10 WHERE 0 IS 'NOT AT ALL' AND 10 IS 'COMPLETELY'.

0 ...10

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL

Wellbeing_worthwhile

Overall, how worthwhile are the things you do in your life?

SINGLE CODE

Scripter note: Please add in response box where respondents answer in numerical format from 0-10. Please ensure the maximum answer that respondents can type in = 10.

ENTER A NUMBER FROM 0 to 10 WHERE 0 IS 'NOT AT ALL' AND 10 IS 'COMPLETELY'.

0 ...10

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL

Wellbeing_happy

How happy were you feeling yesterday?

SINGLE CODE

Scripter note: Please add in response box where respondents answer in numerical format from 0-10. Please ensure the maximum answer that respondents can type in = 10.

ENTER A NUMBER FROM 0 to 10 WHERE 0 IS 'NOT AT ALL' AND 10 IS 'COMPLETELY'.

0 ...10

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL

Wellbeing_anxious

How anxious were you feeling yesterday?

SINGLE CODE

Scripter note: Please add in response box where respondents answer in numerical format from 0-10. Please ensure the maximum answer that respondents can type in = 10.

ENTER A NUMBER FROM 0 to 10 WHERE 0 IS 'NOT AT ALL' AND 10 IS 'COMPLETELY'.

0 ...10

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK ALL

Q82 (Postcode_Consent)

Our client **Natural England** would like to analyse the results of this survey using geographical areas. For this purpose, **Natural England** would like to collect your postcode. Your postcode may be used to group your answers into geographical areas (for example, local authority) to understand how the time people spend in nature varies by where they live.

Your data will be processed and kept securely in accordance with the **Verian** Privacy Policy <https://www.veriangroup.com/uk-surveys>. All information you provide is only used for research purposes related to this project and will be held in strict confidence.

Do you agree to share your postcode with **Natural England and Verian** for that purpose?
[postcode format: only capital letters, minimum 5 characters, maximum 7 characters written in one of the following formats: XX XXX, XXX XXX and XXXX XXX – the second half of the postcode should be in the format 'number', 'letter', 'letter' and the postcode should always start with a letter]

SINGLE CODE, WITH OPEN TEXT BOX IF YES.

Verification against NSPL dataset

Please select one answer only.

1. Yes, I agree to share the postcode **[OPEN TEXT BOX TO ENTER POST CODE IF YES]**
2. No

ASK IF Postcode_Consent = 2

Home_Local_Authority_Asked

Which local authority do you live in?

SINGLE CODE. OPEN TEXT BOX.

PREPROGRAMMED WITH LIST OF ENGLISH LOCAL AUTHORITIES

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)

ASK IF Postcode_Consent = 2

Home_Rural_Urban_Asked

Would you describe the area where you live as urban or rural?

SINGLE CODE OPEN TEXT BOX

Please select one answer only.

1. Urban
2. Rural

Don't know (DON'T SHOW – SECOND SCREEN)

Prefer not to say (DON'T SHOW – SECOND SCREEN)



If you have any queries relating to The People
and Nature Surveys for England, please
contact via the email below.

People_and_Nature@naturalengland.org.uk